

**South Region Meet
Welland Centennial SS
Results**

Girls 100 Meter Dash Novice

SOSSA: 12.72 2013-05-23 Victoria Vanzanten, Heritage Christian

Name	School	Prelims	H#
Preliminaries			
1 #637 Johnson, Ashley	St. Aloysius Gonzaga-Mississau	12.54 Q	1
2 #786 Malcolm, Arianna	Applewood Hts - Mississauga	12.97 Q	2
3 #135 Shillingford, Naomi	Bishop Reding CSS	13.07 Q	1
4 #1044 Koning, Abby	Guido de Bres C.H.S - HWDSB	13.24 Q	2
5 #749 Francis, Olivia	St. Marguerite d'Youville-	13.10 Q	1
6 #834 Kongara, Ankitha	Cardinal Ambrozic - Brampton	13.34 Q	2
7 #765 Kasali, Ayooluwa	St. Roch - Brampton	13.21 q	1
8 #184 Ruiiu, Alessia	Bishop Ryan Secondary School	13.42 q	1
9 #1112 Brown, Mya	Notre Dame Welland	13.46	1
10 #219 Stoisor, Andrea	Burlington Central High School	13.50	2
11 #414 Cloutier, Kali	Oakville Trafalgar High School	13.51	2
12 #376 Scott, Tayler	M.M.Robinson	13.56	2
13 #976 Slywka, Grace	Dundas Valley S.S. - HWDSB	13.61	2
--- #51 Greene, Samantha	Sir Winston Churchill -	DNS	1

Girls 100 Meter Dash Novice

SOSSA: 12.72 2013-05-23 Victoria Vanzanten, Heritage Christian

Name	School	Finals
Finals		
1 #637 Johnson, Ashley	St. Aloysius Gonzaga-Mississau	12.41
2 #786 Malcolm, Arianna	Applewood Hts - Mississauga	12.86
3 #135 Shillingford, Naomi	Bishop Reding CSS	13.01
4 #1044 Koning, Abby	Guido de Bres C.H.S - HWDSB	13.15
5 #834 Kongara, Ankitha	Cardinal Ambrozic - Brampton	13.16
6 #749 Francis, Olivia	St. Marguerite d'Youville-	13.19
6 #765 Kasali, Ayooluwa	St. Roch - Brampton	13.19
8 #184 Ruiiu, Alessia	Bishop Ryan Secondary School	13.41

Girls 200 Meter Dash Novice

SOSSA: 26.62 2013-05-23 Victoria Vanzanten, Heritage Christian

Name	School	Prelims	H#
Preliminaries			
1 #637 Johnson, Ashley	St. Aloysius Gonzaga-Mississau	26.58 Q	2
2 #722 Joseph, Makenzie	St. Marcellinus - Mississauga	26.94 Q	1
3 #135 Shillingford, Naomi	Bishop Reding CSS	26.94 Q	2
4 #965 McCullagh, Sophia	Dundas Valley S.S. - HWDSB	27.03 Q	1
5 #219 Stoisor, Andrea	Burlington Central High School	27.20 Q	2
6 #890 Nahal, Khushmeet	St. Augustine - Brampton	27.31 Q	1
7 #428 Saranchuk, Kate	St. Ignatius of Loyola	27.52 q	2
8 #1044 Koning, Abby	Guido de Bres C.H.S - HWDSB	27.57 q	1
9 #786 Malcolm, Arianna	Applewood Hts - Mississauga	27.64	1
10 #390 Carnelos, Sofia	Nelson High School	27.90	2
11 #903 Richards, Brianna	A.N. Myer - Niagara Falls	28.01	2
12 #51 Greene, Samantha	Sir Winston Churchill -	28.02	2
13 #837 Omokhua, Akeelah	Cardinal Ambrozic - Brampton	28.48	1
14 #1179 Quintyne, Shakayla	St. Michael Catholic Secondary	28.79	1
15 #184 Ruiiu, Alessia	Bishop Ryan Secondary School	29.03	1

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SOSSA: 26.62 2013-05-23 Victoria Vanzanten, Heritage Christian

Name	School	Finals
Finals		
1 #637 Johnson, Ashley	St. Aloysius Gonzaga-Mississau	25.88
2 #722 Joseph, Makenzie	St. Marcellinus - Mississauga	26.56
3 #965 McCullagh, Sophia	Dundas Valley S.S. - HWDSB	26.64
4 #890 Nahal, Khushmeet	St. Augustine - Brampton	27.16
5 #1044 Koning, Abby	Guido de Bres C.H.S - HWDSB	27.59
6 #219 Stoisor, Andrea	Burlington Central High School	27.66
7 #428 Saranchuk, Kate	St. Ignatius of Loyola	28.38
--- #135 Shillingford, Naomi	Bishop Reding CSS	DNS

Girls 400 Meter Dash Novice

SOSSA: 57.70 2013-05-23 Jenna Smith, Highland

Name	School	Finals	H#
Finals			
1 #616 Baker, Finley	St Martin CSS - Mississauga	1:01.01	2
2 #722 Joseph, Makenzie	St. Marcellinus - Mississauga	1:01.66	2
3 #909 Craig, Mackenzie	Ancaster High School - HWDSB	1:02.27	2
4 #521 Najjar, Elizabeth	Loyola CSS - Mississauga	1:03.26	2
5 #104 O'Keefe, Kayla	Assumption	1:04.70	1
6 #884 Tichy, Maryn	Humberview - Bolton	1:04.89	1
7 #965 McCullagh, Sophia	Dundas Valley S.S. - HWDSB	1:05.24	2
8 #890 Nahal, Khushmeet	St. Augustine - Brampton	1:05.33	2
9 #390 Carnelos, Sofia	Nelson High School	1:05.72	2
10 #288 Matheson, Hailee	Garth Webb SS	1:06.08	1
11 #229 Cormier, Alexa	Christ the King Catholic SS	1:07.20	1
12 #1100 Peazel, Bridget	Lakeshore Catholic Secondary	1:07.31	1
13 #1104 Eaton, Madison	Laura Secord - St. Catharines	1:08.08	1
14 #1182 Gallant, Layla	Thorold - Thorold	1:08.90	2
15 #492 Mule, Alysia	St. Thomas More C.S.S	1:10.22	1

Girls 800 Meter Run Novice

SOSSA: 2:19.47 2014-05-22 Fin Adams, Highland

Name	School	Finals	H#
Finals			
1 #616 Baker, Finley	St Martin CSS - Mississauga	2:21.99	2
2 #1118 Tremere, Julia	Notre Dame Welland	2:26.73	2
3 #212 Seiler, Chloe	Bishop Tonnos	2:27.60	2
4 #909 Craig, Mackenzie	Ancaster High School - HWDSB	2:29.02	2
5 #521 Najjar, Elizabeth	Loyola CSS - Mississauga	2:30.62	2
6 #250 Alderson, Blythe	Corpus Christi CSS	2:34.55	2
7 #53 Quinn, Thea	Sir Winston Churchill -	2:37.02	2
8 #321 McLenahan, Tavia	Holy Trinity	2:38.24	1
9 #1031 Stahl, Astrid	Grimsby Secondary School	2:38.83	1
10 #335 Khan, Mysha	Iroquois Ridge HS	2:40.25	1
11 #523 Cromack, Alicia	Mayfield - Brampton	2:41.38	1
12 #328 Ross, Georgia	Holy Trinity	2:43.08	1
13 #781 Fletcher, Eileen	Applewood Hts - Mississauga	2:44.02	1
--- #756 Vanstone, Makaela	St. Michael - Bolton	DNS	1

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Finals ... (Girls 800 Meter Run Novice)

Name	School	Finals	H#
--- #1144 Gordon, Erika	Sherwood S.S. - HWDSB	DNS	2

Girls 1500 Meter Run Novice

SOSSA: 4:49.63 2004-05-20 Kelsie Slater, Grimsby

Name	School	Finals
Finals		
1 #1118 Tremeer, Julia	Notre Dame Welland	5:12.55
2 #212 Seiler, Chloe	Bishop Tonnos	5:13.94
3 #1144 Gordon, Erika	Sherwood S.S. - HWDSB	5:15.08
4 #53 Quinn, Thea	Sir Winston Churchill -	5:16.44
5 #54 Quinn, Zoe	Sir Winston Churchill -	5:18.61
6 #782 Hartnell, Jenny	Applewood Hts - Mississauga	5:23.70
7 #250 Alderson, Blythe	Corpus Christi CSS	5:27.89
8 #321 McLenahan, Tavia	Holy Trinity	5:34.58
9 #756 Vanstone, Makaela	St. Michael - Bolton	5:36.20
10 #909 Craig, Mackenzie	Ancaster High School - HWDSB	5:46.26
11 #523 Cromack, Alicia	Mayfield - Brampton	5:50.86
12 #80 Hagerman, Laurel	Abbey Park High School	5:53.01
13 #726 Linares, Flavia	St. Marcellinus - Mississauga	5:54.62
14 #555 Lee, Eliyana	Our Lady of Mount Carmel-Missi	5:56.10
--- #103 Lehto, Kate	Assumption	DNS
--- #876 Gibb, McKenna	Humberview - Bolton	SCR

Girls 3000 Meter Run Novice

SOSSA: 10:47.87 2012-05-24 Stephanie Ryall, Westdale

Name	School	Finals
Finals		
1 #782 Hartnell, Jenny	Applewood Hts - Mississauga	11:37.69
2 #54 Quinn, Zoe	Sir Winston Churchill -	11:40.78
3 #756 Vanstone, Makaela	St. Michael - Bolton	11:45.03
4 #225 Borak, Charli	Christ the King Catholic SS	12:01.47
5 #1202 Mallany, Dalia	Westdale S.S. - HWDSB	12:11.75
6 #1201 Luduik-Pitkin, Stella	Westdale S.S. - HWDSB	12:40.67
7 #80 Hagerman, Laurel	Abbey Park High School	12:43.57
8 #726 Linares, Flavia	St. Marcellinus - Mississauga	12:49.93
9 #1229 Taylor, Molly	Westmount S.S. - HWDSB	12:50.93
10 #555 Lee, Eliyana	Our Lady of Mount Carmel-Missi	13:02.17
11 #513 Kellyl, Scarlett	White Oaks	13:05.55
12 #257 Venn, Kennedy	Corpus Christi CSS	13:11.90
13 #812 McQuade, Jordan	Brampton Centennial - Brampton	13:48.03
14 #98 Smith, Taylor	Aldershot School	14:22.72
--- #1113 Collins, Briar	Notre Dame Welland	DNS

Girls 80 Meter Hurdles Novice

SOSSA: 12.02 2016-05-19 Sarah Saldutto, Notre Dame

Name	School	Prelims	H#
Preliminaries			
1 #993 Phillips, Lily	Eden High School - St. Cathari	13.90 Q	1
2 #1015 Shaw, Morgan	ES Saint-Jean-de-Brebeuf-Well	13.99 Q	2
3 #229 Cormier, Alexa	Christ the King Catholic SS	13.93 Q	1

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Preliminaries ... (Girls 80 Meter Hurdles Novice)

	Name	School	Prelims	H#
4	#639 Olszewski, Sara	St. Aloysius Gonzaga-Mississau	14.14 Q	2
5	#335 Khan, Mysha	Iroquois Ridge HS	14.61 Q	1
6	#420 Wilson, Toni	Oakville Trafalgar High School	14.72 Q	2
7	#631 Babalola-Lucas, Jadesola	St. Aloysius Gonzaga-Mississau	14.64 q	1
8	#1109 Penny, Zoie	Nora Francis Henderson S.S. -	15.09 q	2
9	#285 Henry, Sofia	Garth Webb SS	15.14	2
10	#566 Reid, Reese	Our Lady of Mount Carmel-Missi	15.15	2
11	#466 Amoah, Stella	St. Thomas More C.S.S	15.19	1
12	#1111 Williams, Serenity	Nora Francis Henderson S.S. -	15.32	1
13	#556 Leptuch, Maja	Our Lady of Mount Carmel-Missi	15.38	1
14	#973 Peaker, Audrey	Dundas Valley S.S. - HWDSB	15.91	2
15	#554 Kalbarczyk, Olivia	Our Lady of Mount Carmel-Missi	18.08	1

Girls 80 Meter Hurdles Novice

SOSSA: 12.02 2016-05-19 Sarah Saldutto, Notre Dame

	Name	School	Finals
Finals			
1	#1015 Shaw, Morgan	ES Saint-Jean-de-Brebeuf-Well	13.47
2	#993 Phillips, Lily	Eden High School - St. Cathari	13.92
3	#229 Cormier, Alexa	Christ the King Catholic SS	13.95
4	#631 Babalola-Lucas, Jadesola	St. Aloysius Gonzaga-Mississau	14.26
5	#420 Wilson, Toni	Oakville Trafalgar High School	14.37
6	#639 Olszewski, Sara	St. Aloysius Gonzaga-Mississau	14.38
7	#335 Khan, Mysha	Iroquois Ridge HS	14.54
8	#1109 Penny, Zoie	Nora Francis Henderson S.S. -	15.27

Girls 300 Meter Hurdles Novice

SOSSA: 47.46 2005-05-19 Ester Vermeer, Smithville Christian

	Name	School	Finals	H#
Finals				
1	#876 Gibb, McKenna	Humberview - Bolton	48.31	2
2	#229 Cormier, Alexa	Christ the King Catholic SS	50.51	2
3	#1104 Eaton, Madison	Laura Secord - St. Catharines	50.95	2
4	#184 Ruiu, Alessia	Bishop Ryan Secondary School	51.05	2
5	#1100 Peazel, Bridget	Lakeshore Catholic Secondary	51.13	2
6	#639 Olszewski, Sara	St. Aloysius Gonzaga-Mississau	52.69	2
7	#999 Blackwood, Angel	Greater Fort Erie SS	52.90	2
8	#328 Ross, Georgia	Holy Trinity	53.96	1
9	#12 Johnstone, Callie	E. L. Crossley - Fonthill	54.36	1
10	#973 Peaker, Audrey	Dundas Valley S.S. - HWDSB	55.51	2
11	#556 Leptuch, Maja	Our Lady of Mount Carmel-Missi	56.03	1
12	#563 Nya Baweu, Kesi	Our Lady of Mount Carmel-Missi	56.60	1
13	#631 Babalola-Lucas, Jadesola	St. Aloysius Gonzaga-Mississau	57.05	1
14	#181 Resovac, Fiona	Bishop Ryan Secondary School	59.89	1
---	#332 Zaborski, Natasha	Holy Trinity	DNF	1

**South Region Meet
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Girls 4x100 Meter Relay Novice

SOSSA: 51.83 2019-05-23 Notre Dame College - Welland, NDC-Welland
T Lawson, N Picton, G DiPietro, B Sigurdson

Team	Relay	Finals	H#
Finals			
1 St. Marcellinus - Mississauga		54.08	2
1) #704 Altomare, Micaela 2) #726 Linares, Flavia 3) #739 Panaritis, Melina 4) #722 Joseph, Makenzie			
5) #721 Heer, Ashlin 6) #728 McGeachie, Ariel			
2 St. Aloysius Gonzaga-Mississa		54.56	2
1) #637 Johnson, Ashley 2) #639 Olszewski, Sara 3) #635 Fedoruk, Sofia 4) #631 Babalola-Lucas, Jades			
3 Guido de Bres C.H.S - HWDSI		54.76	2
1) #1044 Koning, Abby 2) #1057 Van Raalte, Sophia 3) #1046 Kuizenga, Rachel 4) #1059 Vanderwal, Cara			
5) #1036 Beijes, Katie			
4 Dundas Valley S.S. - HWDSB		54.98	2
1) #961 Kim-Bromstein, Chloe 2) #965 McCullagh, Sophia 3) #954 Cameron, Chloe 4) #969 Neiser, Caitlin			
5) #976 Slywka, Grace 6) #973 Peaker, Audrey			
5 Heritage Christian-Jordan Stat		55.08	2
1) #1070 Bruining, Hailey 2) #1072 Burke, Mikaela 3) #1080 Singh, Anjali 4) #1088 Vyn, Hannah			
5) #1076 Hodkingson, Charlott 6) #1087 Veldhuizen, Alison			
6 Garth Webb SS		55.10	1
1) #288 Matheson, Hailee 2) #290 McClure, Sarah 3) #287 Kalia, Diya 4) #285 Henry, Sofia			
5) #283 Charles, Summer 6) #292 Sevenpifer, Sienna			
7 Oakville Trafalgar High School		55.84	1
1) #414 Cloutier, Kali 2) #416 Ghindea, Carina 3) #418 Kidd, Kate 4) #419 Miller, Siena			
8 E. L. Crossley - Fonthill		56.29	2
1) #19 VanVliet, Karlyn 2) #12 Johnstone, Callie 3) #7 Dunn, Cherith 4) #8 Haining, Hillary			
5) #17 Stolk, Abby 6) #5 Brown, Teaghan			
9 Bishop Reding CSS		56.38	1
1) #109 Baker, Kendra 2) #108 Andrews, Sienna 3) #130 Nasato, Kiara 4) #125 Manning, Aliyah			
5) #121 Kostadinov, Nicole 6) #113 Fernandes, Nataniya			
10 St. Thomas More C.S.S		56.49	1
1) #466 Amoah, Stella 2) #488 Matukala-Nkosi, Alleg 3) #494 Pinilla, Tatiana 4) #492 Mule, Alysia			
5) #483 Giordano, Nevaeh			
11 St. Thomas Aquinas		56.51	1
1) #464 Plivcic, Ellie 2) #461 Nuguid, Kendra 3) #450 Ekpe, Alexis 4) #449 Cusick, Jana			
5) #455 Konijn, Meta 6) #458 Malhas, Jenna			
12 Philip Pocock - Mississauga		56.67	2
1) #574 Adamec, Barbora 2) #597 Wilczynski, Olivia 3) #583 Filipkowski, Natalie 4) #592 Lorenti, Julia			
5) #584 George-Barclay, Cassic 6) #588 Jackson, Klara			
13 Our Lady of Mount Carmel-Mi		56.68	1
1) #554 Kalbarczyk, Olivia 2) #566 Reid, Reese 3) #563 Nya Baweu, Kesi 4) #573 Wrona, Joanna			
5) #564 Odufuye, Vanessa 6) #556 Leptuch, Maja			
13 Notre Dame Welland		56.68	2
1) #1116 McKnight, Ava 2) #1114 Gonzalez, Anasofia 3) #1118 Tremeer, Julia 4) #1112 Brown, Mya			
15 St. Francis Xavier-Mississauga		57.20	1
1) #682 Dela Paz, Mikailyn 2) #686 Wong, Ivy 3) #681 Brown, Raniedlle 4) #684 Jd-igba, Christabel			
5) #685 Uwaiifu, Naomi			

Girls High Jump Novice

SOSSA: 1.70m 2012-05-24 Shyla Cardy, E.L.Crossley

Name	School	Finals
Finals		
1 #1098 Lovegrove, Sarah	Lakeshore Catholic Secondary	J1.40m
2 #329 Thibault, Sophie	Holy Trinity	J1.40m

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Finals ... (Girls High Jump Novice)

Name	School	Finals
3 #224 Awani, Toju	Christ the King Catholic SS	J1.35m
4 #826 Jenkins, Norika	Brampton Christian - Caledon	J1.35m
5 #1117 Orr, Cassie	Notre Dame Welland	J1.35m
6 #464 Plivcic, Ellie	St. Thomas Aquinas	J1.35m
7 #939 Therrien, Ruby	Centennial - Welland	J1.35m
8 #998 Tournemille, Simone	Eden High School - St. Cathari	J1.35m
9 #1065 Hill, Julianna	Hamilton District C.H.S. - HWD	J1.35m
10 #145 Benelhadji, Baraa	Bishop Ryan Secondary School	J1.30m
11 #324 Pearce, Kayley	Holy Trinity	1.25m
--- #589 Kaczanowski, Victoria	Philip Pocock - Mississauga	DNS

Girls Pole Vault Novice

SOSSA: 3.05m 2016-05-19 Maya Fetic, A.N.Myer

Name	School	Finals
Finals		
1 #7 Dunn, Cherith	E. L. Crossley - Fonthill	2.20m
1 #875 French, Jordyn	Humberview - Bolton	2.20m
3 #8 Haining, Hillary	E. L. Crossley - Fonthill	1.80m
4 #17 Stolk, Abby	E. L. Crossley - Fonthill	1.60m

Girls Long Jump Novice

SOSSA: 5.38m 2016-05-19 Sarah Saldutto, Notre Dame

Name	School	Finals
Finals		
1 #219 Stoisor, Andrea	Burlington Central High School	4.81m
2 #376 Scott, Tayler	M.M.Robinson	4.69m
3 #1112 Brown, Mya	Notre Dame Welland	4.50m
4 #1136 Pylypiw, Syenn	Saint Francis-St. Cath	4.46m
5 #1088 Vyn, Hannah	Heritage Christian-Jordan Stat	4.34m
6 #934 Kporwodu, Ella	Centennial - Welland	4.32m
6 #932 Fournier, Easton	Centennial - Welland	4.32m
8 #583 Filipkowski, Natalie	Philip Pocock - Mississauga	4.29m
9 #890 Nahal, Khushmeet	St. Augustine - Brampton	4.26m
10 #455 Konijn, Meta	St. Thomas Aquinas	4.21m
11 #125 Manning, Aliyah	Bishop Reding CSS	4.16m
12 #834 Kongara, Ankitha	Cardinal Ambrozic - Brampton	4.10m
13 #806 Black, Neo	Brampton Centennial - Brampton	4.00m
14 #130 Nasato, Kiara	Bishop Reding CSS	3.97m
15 #728 McGeachie, Ariel	St. Marcellinus - Mississauga	3.20m

Girls Triple Jump Novice

SOSSA: 11.14m 2015-05-21 Caitlyn Hamm, Ridgeway Crystal Beach

Name	School	Finals
Finals		
1 #173 Lipinski, Samantha	Bishop Ryan Secondary School	9.88m
2 #1088 Vyn, Hannah	Heritage Christian-Jordan Stat	9.70m
2 #455 Konijn, Meta	St. Thomas Aquinas	9.70m
4 #220 Stoisor, Ashley	Burlington Central High School	9.36m
5 #932 Fournier, Easton	Centennial - Welland	9.35m
6 #125 Manning, Aliyah	Bishop Reding CSS	9.27m

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Finals ... (Girls Triple Jump Novice)

Name	School	Finals
7 #645 Adeyemi, Victoria	St. Edmund Campion	9.13m
8 #1065 Hill, Julianna	Hamilton District C.H.S. - HWD	9.12m
9 #998 Tournemille, Simone	Eden High School - St. Cathari	9.05m
10 #1077 Jansen, Hannah	Heritage Christian-Jordan Stat	9.02m
11 #814 Ogundare, Tobi	Brampton Centennial - Brampton	8.97m
12 #684 Jd-igba, Christabel	St. Francis Xavier-Mississauga	8.82m
13 #806 Black, Neo	Brampton Centennial - Brampton	8.81m
14 #583 Filipkowski, Natalie	Philip Pocock - Mississauga	8.11m
--- #314 Kalbfleisch, Abby	Holy Trinity	DQ

Girls Shot Put Novice

SOSSA: 15.22m 2015-05-21 Triinity Tutti, Eastdale

Name	School	Finals
Finals		
1 #1032 Van Nynatten, Coco	Grimsby Secondary School	11.41m
2 #376 Scott, Tayler	M.M.Robinson	11.08m
3 #629 Pereira, Alessia	St Martin CSS - Mississauga	10.50m
4 #600 Hall, Naomi	Port Credit - Mississauga	10.40m
5 #1117 Orr, Cassie	Notre Dame Welland	9.94m
6 #559 Manebo, Jasmine	Our Lady of Mount Carmel-Missi	9.93m
7 #566 Reid, Reese	Our Lady of Mount Carmel-Missi	9.60m
8 #1055 Smid, Maria	Guido de Bres C.H.S - HWDSB	9.29m
9 #630 Aliozor, Amara	St. Aloysius Gonzaga-Mississau	8.70m
10 #920 Hribljan, Jasmine	Beamsville - Beamsville	8.62m
11 #253 Harvey, Gracie	Corpus Christi CSS	8.50m
12 #152 De Almeida, Ella	Bishop Ryan Secondary School	8.49m
13 #277 Heffron, Savannah	Elsie MacGill Secondary	8.45m
14 #367 Johnson, Kaitlyn	M.M.Robinson	7.89m
15 #1036 Beijes, Katie	Guido de Bres C.H.S - HWDSB	7.61m

Girls Discus Throw Novice

SOSSA: 40.81m 2015-05-21 Triinity Tutti, Eastdale

Name	School	Finals
Finals		
1 #1032 Van Nynatten, Coco	Grimsby Secondary School	34.71m
2 #566 Reid, Reese	Our Lady of Mount Carmel-Missi	27.38m
3 #932 Fournier, Easton	Centennial - Welland	25.93m
4 #528 Fink, Ainsley	Mentor College - Mississauga	25.30m
5 #253 Harvey, Gracie	Corpus Christi CSS	22.99m
6 #152 De Almeida, Ella	Bishop Ryan Secondary School	22.59m
7 #988 Di Bacco, Mattea	Eden High School - St. Cathari	22.22m
8 #692 Majos, Emilia	St. Joan of Arc - Mississauga	21.76m
9 #630 Aliozor, Amara	St. Aloysius Gonzaga-Mississau	21.43m
10 #629 Pereira, Alessia	St Martin CSS - Mississauga	21.09m
11 #156 Elugbaju, Deborah	Bishop Ryan Secondary School	20.39m
12 #1184 Hales, Kaydence	Thorold - Thorold	20.18m
13 #244 Roy, Sierra	Christ the King Catholic SS	20.17m
14 #326 Pennino, Eva	Holy Trinity	16.14m
--- #56 Short, Shannen	Sir Winston Churchill -	DNS

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Girls Javelin Throw Novice

SOSSA: 36.64m 2015-05-21 Trinity Tutti, Eastdale

Name	School	Finals
Finals		
1 #1117 Orr, Cassie	Notre Dame Welland	32.97m
2 #253 Harvey, Gracie	Corpus Christi CSS	29.22m
3 #1032 Van Nynatten, Coco	Grimsby Secondary School	28.96m
4 #988 Di Bacco, Mattea	Eden High School - St. Cathari	27.42m
5 #559 Manebo, Jasmine	Our Lady of Mount Carmel-Missi	25.46m
6 #1011 Robinson, Cassie	Governor Simcoe St. Catharines	24.92m
7 #244 Roy, Sierra	Christ the King Catholic SS	24.62m
8 #367 Johnson, Kaitlyn	M.M.Robinson	22.85m
9 #528 Fink, Ainsley	Mentor College - Mississauga	21.81m
10 #1002 Rungi-Ruston, Ksenia	Greater Fort Erie SS	21.38m
11 #806 Black, Neo	Brampton Centennial - Brampton	19.61m
12 #629 Pereira, Alessia	St Martin CSS - Mississauga	19.55m
13 #754 Kaur, Sarableen	St. Michael - Bolton	19.53m
14 #156 Elugbaju, Deborah	Bishop Ryan Secondary School	14.42m
--- #1240 Somerville, Kendra	M.M.Robinson	DNS
--- #252 Frazer, Olivia	Corpus Christi CSS	SCR

Girls 100 Meter Dash Junior

SOSSA: 12.55 2016-05-19 Cree Bell, Sir Allan McNab

Name	School	Prelims	H#
Preliminaries			
1 #302 Anderson, Jianna	Holy Trinity	12.61 Q	1
2 #430 Stephenson, Alyssa	St. Ignatius of Loyola	12.78 Q	2
3 #432 Garcia, Seanna	St. Jean de Brebeuf	12.88 Q	2
4 #542 Nurse-Whyte, Aniyah	Notre Dame - Brampton	12.90 Q	1
5 #431 Suleman, Debbie	St. Ignatius of Loyola	13.04 Q	1
6 #320 McKee, Sara	Holy Trinity	13.21 Q	2
7 #797 Lewin, D'Andra	Bramalea - Brampton	13.30 q	2
8 #1093 Annunziata, Gianna	Lakeshore Catholic Secondary	13.43 q	2
9 #844 Blades, Nya	Cardinal Leger - Brampton	13.45	1
10 #659 Ezemenari, Chika	St. Edmund Champion	13.47	1
11 #838 Samuel, Jaelyn	Cardinal Ambrozic - Brampton	13.49	1
12 #952 Bill, Izabella	Dundas Valley S.S. - HWDSB	13.57	2
13 #1177 Fehr, Ashlyn	St. Michael Catholic Secondary	13.59	2
14 #1101 Spooner, Joseah	Lakeshore Catholic Secondary	13.78	1
15 #1207 Massoom, Victoria	Westlane - Niagara Falls	13.95	1

Girls 100 Meter Dash Junior

SOSSA: 12.55 2016-05-19 Cree Bell, Sir Allan McNab

Name	School	Finals
Finals		
1 #542 Nurse-Whyte, Aniyah	Notre Dame - Brampton	12.62
2 #430 Stephenson, Alyssa	St. Ignatius of Loyola	12.79
3 #302 Anderson, Jianna	Holy Trinity	12.81
4 #432 Garcia, Seanna	St. Jean de Brebeuf	12.88
5 #431 Suleman, Debbie	St. Ignatius of Loyola	13.13
6 #1093 Annunziata, Gianna	Lakeshore Catholic Secondary	13.34

**South Region Meet
Welland Centennial SS
Results**

Finals ... (Girls 100 Meter Dash Junior)

Name	School	Finals
7 #797 Lewin, D'Andra	Bramalea - Brampton	13.36
8 #320 McKee, Sara	Holy Trinity	13.37

Girls 200 Meter Dash Junior

SOSSA: 25.70 2016-05-19 Cree Bell, Sir Alan McNab

Name	School	Prelims	H#
Preliminaries			
1 #928 Thomas, Lauren	Blessed Trinity-Grimsby	26.39 q	2
2 #302 Anderson, Jianna	Holy Trinity	26.57 q	2
3 #771 Webb, Kiara	St. Roch - Brampton	26.90 q	1
4 #430 Stephenson, Alyssa	St. Ignatius of Loyola	27.22 q	1
5 #432 Garcia, Seanna	St. Jean de Brebeuf	27.27 q	2
6 #793 Dixon, Deborah	Bramalea - Brampton	27.71 q	1
7 #617 Benner, Cali	St Martin CSS - Mississauga	28.14 q	1
8 #425 Murillo, Natalia	St. Ignatius of Loyola	28.24 q	1
9 #1093 Annunziata, Gianna	Lakeshore Catholic Secondary	28.28	2
10 #761 Appiah-Kubi, Michaela	St. Roch - Brampton	28.40	2
11 #844 Blades, Nya	Cardinal Leger - Brampton	28.57	1
12 #952 Bill, Izabella	Dundas Valley S.S. - HWDSB	28.76	2
13 #1177 Fehr, Ashlyn	St. Michael Catholic Secondary	28.90	1
14 #210 Saunders, Ella	Bishop Tonnos	29.49	1
--- #1165 Munnings, Grace	Smithville Christ HS -Smithvil	DNS	2

Girls 200 Meter Dash Junior

SOSSA: 25.70 2016-05-19 Cree Bell, Sir Alan McNab

Name	School	Finals
Finals		
1 #771 Webb, Kiara	St. Roch - Brampton	25.33
2 #928 Thomas, Lauren	Blessed Trinity-Grimsby	25.97
3 #302 Anderson, Jianna	Holy Trinity	26.31
4 #430 Stephenson, Alyssa	St. Ignatius of Loyola	26.63
5 #432 Garcia, Seanna	St. Jean de Brebeuf	27.04
6 #793 Dixon, Deborah	Bramalea - Brampton	27.53
7 #617 Benner, Cali	St Martin CSS - Mississauga	27.66
8 #425 Murillo, Natalia	St. Ignatius of Loyola	28.13

Girls 400 Meter Dash Junior

SOSSA: 58.22 2014-05-22 Jenna Smith, Highland

Name	School	Finals	H#
Finals			
1 #771 Webb, Kiara	St. Roch - Brampton	59.18	2
2 #393 Curry, Emma	Nelson High School	1:00.22	2
3 #928 Thomas, Lauren	Blessed Trinity-Grimsby	1:00.98	2
4 #666 Jackson-Smith, Zahnyah	St. Edmund Champion	1:05.34	2
5 #268 Jarvis, Caitlin	Dr. Frank J. Hayden Secondary	1:06.15	1
6 #759 Rinella, Ava	St. Paul's - Mississauga	1:07.21	2
7 #421 Lowe, Alanna	St. Francis Xavier	1:07.56	1
8 #1110 Sewell, Ainjel	Nora Francis Henderson S.S. -	1:08.47	1
9 #1094 Basilio, Alyssa	Lakeshore Catholic Secondary	1:08.95	2
10 #411 Parvin, Alex	Notre Dame Burlington	1:09.17	1

**South Region Meet
Welland Centennial SS
Results**

Finals ... (Girls 400 Meter Dash Junior)

	Name	School	Finals	H#
11	#1085 VanVliet, Julia	Heritage Christian-Jordan Stat	1:09.28	2
12	#340 Blair, Nevaeh	Kings Christian Collegiate	1:09.95	2
13	#1086 VanZanten, Annemiek	Heritage Christian-Jordan Stat	1:11.07	1
14	#620 Domingues, Zoe	St Martin CSS - Mississauga	1:11.09	1
15	#700 Marentic, Kristina	St. Joseph - Mississauga	1:12.43	1

Girls 800 Meter Run Junior

SOSSA: 2:19.68 2010-05-20 Allanah MacDonald, E.L.Crossley

	Name	School	Finals	H#
Finals				
1	#895 Etezadi, Kristina	A.N. Myer - Niagara Falls	2:23.73	2
2	#1096 Buri, Carolyn	Lakeshore Catholic Secondary	2:25.70	2
3	#711 Correale, Olivia	St. Marcellinus - Mississauga	2:27.85	2
4	#286 Hickey, Claire	Garth Webb SS	2:29.03	2
5	#911 Giannou, Vanessa	Ancaster High School - HWDSB	2:32.58	2
6	#759 Rinella, Ava	St. Paul's - Mississauga	2:38.76	2
7	#706 Atwal, Jasmeet	St. Marcellinus - Mississauga	2:39.48	1
8	#524 Ferris, Sage	Mayfield - Brampton	2:41.19	1
9	#401 Sorge, Ella	Nelson High School	2:41.27	1
10	#334 Hayes, Zoe	Iroquois Ridge HS	2:41.75	1
11	#49 Brendzy, Abigail	Sir Winston Churchill -	2:43.58	2
12	#620 Domingues, Zoe	St Martin CSS - Mississauga	2:43.79	1
13	#992 Moran, Claire	Eden High School - St. Cathari	2:53.20	2
---	#411 Parvin, Alex	Notre Dame Burlington	DNS	1
---	#197 Fava, Clara	Bishop Tonnos	DNS	1

Girls 1500 Meter Run Junior

SOSSA: 4:46.01 2005-05-19 Kelsey Slater, Grimsby

	Name	School	Finals
Finals			
1	#924 Cino, Sophia	Blessed Trinity-Grimsby	5:00.26
2	#760 Treacy, Veselja	St. Paul's - Mississauga	5:02.83
3	#1096 Buri, Carolyn	Lakeshore Catholic Secondary	5:03.06
4	#895 Etezadi, Kristina	A.N. Myer - Niagara Falls	5:04.60
5	#989 Dilalla, Chloe	Eden High School - St. Cathari	5:07.05
6	#711 Correale, Olivia	St. Marcellinus - Mississauga	5:19.60
7	#911 Giannou, Vanessa	Ancaster High School - HWDSB	5:22.40
8	#286 Hickey, Claire	Garth Webb SS	5:24.02
9	#518 Balakrishnan, Riyaa	Louise Arbor - Brampton	5:27.72
10	#401 Sorge, Ella	Nelson High School	5:33.76
11	#218 Davis, Lucy	Burlington Central High School	5:37.14
12	#612 Stevens, Kaitlyn	Robert F. Hall - Caledon East	5:42.74
13	#549 Done, Mara	Our Lady of Mount Carmel-Missi	5:47.18
14	#85 Richardson, Jessica	Abbey Park High School	5:50.05
---	#197 Fava, Clara	Bishop Tonnos	DNS

**South Region Meet
Welland Centennial SS
Results**

Girls 3000 Meter Run Junior

SOSSA: 10:38.76 2011-05-19 Phoebe Cseresnyes, Westdale

Name	School	Finals
Finals		
1 #924 Cino, Sophia	Blessed Trinity-Grimsby	10:37.85
2 #760 Treacy, Veselja	St. Paul's - Mississauga	10:52.86
3 #989 Dilalla, Chloe	Eden High School - St. Cathari	11:18.82
4 #549 Done, Mara	Our Lady of Mount Carmel-Missi	11:42.39
5 #218 Davis, Lucy	Burlington Central High School	11:49.27
6 #85 Richardson, Jessica	Abbey Park High School	12:11.58
7 #286 Hickey, Claire	Garth Webb SS	12:12.53
8 #612 Stevens, Kaitlyn	Robert F. Hall - Caledon East	12:15.15
9 #401 Sorge, Ella	Nelson High School	12:26.21
10 #276 West, Jaime	Dr. Frank J. Hayden Secondary	12:48.46
11 #55 Scott, Keira	Sir Winston Churchill -	12:58.94
12 #52 Maredia, Anna	Sir Winston Churchill -	13:30.74

Girls 80 Meter Hurdles Junior

SOSSA: 11.77 2017-05-18 Sarah Saldutto, Notre Dame

Name	School	Prelims	H#
Preliminaries			
1 #844 Blades, Nya	Cardinal Leger - Brampton	12.40 Q	1
2 #1207 Massoom, Victoria	Westlane - Niagara Falls	13.10 Q	2
3 #320 McKee, Sara	Holy Trinity	12.75 Q	1
4 #646 Akogyeram, Andrea	St. Edmund Champion	14.30 Q	2
5 #187 Schmid, Jessica	Bishop Ryan Secondary School	14.47 Q	1
6 #723 Kapralos, Felicianna	St. Marcellinus - Mississauga	15.02 Q	2
7 #381 Efstathopoulou, Gaia	Milton District High School	15.62 q	1
8 #284 Draheim, Cate	Garth Webb SS	15.87 q	2
9 #1051 Schenkel, Rebecca	Guido de Bres C.H.S - HWDSB	16.15	1
10 #738 Onuorah, Dora	St. Marcellinus - Mississauga	16.32	2
11 #10 Hildebrandt, Regan	E. L. Crossley - Fonthill	16.47	2
12 #962 Kosempel, Megan	Dundas Valley S.S. - HWDSB	16.53	1
13 #558 Lombana, Valeria	Our Lady of Mount Carmel-Missi	16.61	1
14 #93 Nelson, Leah	Acton District School	16.67	1
15 #1101 Spooner, Joseah	Lakeshore Catholic Secondary	17.07	2

Girls 80 Meter Hurdles Junior

SOSSA: 11.77 2017-05-18 Sarah Saldutto, Notre Dame

Name	School	Finals
Finals		
1 #844 Blades, Nya	Cardinal Leger - Brampton	12.43
2 #320 McKee, Sara	Holy Trinity	12.81
3 #1207 Massoom, Victoria	Westlane - Niagara Falls	13.02
4 #187 Schmid, Jessica	Bishop Ryan Secondary School	14.51
5 #723 Kapralos, Felicianna	St. Marcellinus - Mississauga	15.08
6 #284 Draheim, Cate	Garth Webb SS	16.17
7 #381 Efstathopoulou, Gaia	Milton District High School	16.21
8 #646 Akogyeram, Andrea	St. Edmund Champion	18.25

**South Region Meet
Welland Centennial SS
Results**

Girls 300 Meter Hurdles Junior

SOSSA: 46.00 2011-05-19 Mary Ollier, Grimsby

Name	School	Finals	H#
Finals			
1 #46 Berner, Charlotte	Sir Winston Churchill -	50.87	2
2 #524 Ferris, Sage	Mayfield - Brampton	51.72	2
3 #1093 Annunziata, Gianna	Lakeshore Catholic Secondary	52.47	2
4 #723 Kapralos, Felicianna	St. Marcellinus - Mississauga	53.23	2
5 #10 Hildebrandt, Regan	E. L. Crossley - Fonthill	53.29	2
6 #646 Akogyeram, Andrea	St. Edmund Campion	55.67	1
7 #363 Brooker, Aubree	M.M.Robinson	56.15	1
8 #93 Nelson, Leah	Acton District School	56.90	1
9 #526 Matthews, Kaiya	Mayfield - Brampton	57.48	1
10 #992 Moran, Claire	Eden High School - St. Cathari	57.73	2
11 #508 Gosling, Georgia	T. A. Blakelock High School	58.06	2
12 #962 Kosempel, Megan	Dundas Valley S.S. - HWDSB	1:00.38	1
13 #190 Vandelaar, Austin	Bishop Ryan Secondary School	1:00.58	1
14 #116 Giavon, Lucy	Bishop Reding CSS	1:00.62	2
15 #675 Onwuzulu, Ugomma	St. Edmund Campion	1:06.15	1

Girls 4x100 Meter Relay Junior

SOSSA: 51.08 2015-05-21 Notre Dame College, Niagara Falls

Team	Relay	Finals	H#
Finals			
1 St. Roch - Brampton		51.84	2
1) #761 Appiah-Kubi, Michael	2) #765 Kasali, Ayooluwa	3) #767 Omwari, Shannel	4) #771 Webb, Kiara
5) #768 Sahota, Jasmeen			
2 St. Ignatius of Loyola		52.73	2
1) #423 Guatto, Julia	2) #425 Murillo, Natalia	3) #431 Suleman, Debbie	4) #430 Stephenson, Alyssa
5) #422 Caride, Sofia			
3 Cardinal Leger - Brampton		52.99	2
1) #844 Blades, Nya	2) #847 Joseph, Saniyah	3) #841 Akpokiniovo, Rukevw	4) #851 Williams, Samantha
5) #850 Scott, Malika			
4 St. Edmund Campion		54.28	2
1) #651 Codling, Chantel	2) #679 Tomlinson, Jenesis	3) #668 Knight, Jelissa	4) #659 Ezemenari, Chika
5) #666 Jackson-Smith, Zahnya	6) #646 Akogyeram, Andrea		
5 E. L. Crossley - Fonthill		54.29	2
1) #13 Jones, Olivia	2) #4 Brenzil, Izzy	3) #6 Collins, Alexis	4) #16 Simmonds, L'Jayah
5) #10 Hildebrandt, Regan	6) #19 VanVliet, Karlyn		
6 Kings Christian Collegiate		54.55	2
1) #355 Roach, Cherish	2) #357 Salami, Timi	3) #340 Blair, Nevaeh	4) #352 Peters, Amelie
5) #336 Arthur, Anaiah			
7 Christ the King Catholic SS		54.76	2
1) #226 Bukmir, Antonija	2) #227 Clipperton, Jaidyn	3) #228 Colavecchia, Maya	4) #234 Folaron, Emilia
5) #237 Jaeger-Rodriguez, Emi	6) #249 Wheeler, Maddie		
8 Holy Trinity		55.29	2
1) #302 Anderson, Jianna	2) #305 Farrell, Irelyn	3) #303 Bukovcan, Martina	4) #320 McKee, Sara
5) #313 Ionadi, Sofia			
9 Bishop Tonnos		55.70	1
1) #208 Rennie, Anayah	2) #210 Saunders, Ella	3) #196 Chareunsouk, Sophia	4) #207 Rajah, Maya
10 Westlane - Niagara Falls		56.08	1
1) #1209 Sarfraz, Shahnoor	2) #1205 Cebic, Katarina	3) #1208 Patel, Krisha	4) #1207 Massoom, Victoria
5) #1204 Caswell, Mackenzie			

**South Region Meet
Welland Centennial SS
Results**

Finals ... (Girls 4x100 Meter Relay Junior)

Team	Relay	Finals	H#
11 Dundas Valley S.S. - HWDSB		56.57	1
1) #950 Baker, Peyton	2) #952 Bill, Izabella	3) #951 Bauer, Nora	4) #962 Kosempel, Megan
5) #972 Nyakundi, Sylvia	6) #969 Neiser, Caitlin		
12 Westmount S.S. - HWDSB		56.81	1
1) #1225 Marsden, Ella	2) #1227 Miller, Alexis	3) #1222 Hoath, Madeline	4) #1232 Turcott, Jessie
5) #1213 Bernard, Grace	6) #1212 Bernal, Sofia		
13 St Martin CSS - Mississauga		57.27	1
1) #616 Baker, Finley	2) #620 Domingues, Zoe	3) #624 Isber, Keira	4) #617 Benner, Cali
5) #1249 Aguhob, Eliana			
--- Our Lady of Mount Carmel-Mi		DNS	1
1) #549 Done, Mara	2) #1243 Roy, Raeikaa	3) #1245 Gordon, Abigail	4) #545 Andrews, Chloe
5) #1244 Wylie, Melissa	6) #558 Lombana, Valeria		
--- A.N. Myer - Niagara Falls		DNS	1
1) #893 Bell, Jaleena	2) #897 Gayet, Laure	3) #899 Ivri, Michaiiah	4) #903 Richards, Brianna
5) #907 West, Raine			

Girls High Jump Junior

SOSSA: 1.70m 2017-05-18 Autumn Biggar, Beamsville DSS

Name	School	Finals
Finals		
1 #779 Arulrajan, Hasveena	Turner-Fenton - Brampton	J1.56m
2 #1010 Neumann, Ava	Governor Simcoe St. Catharines	J1.56m
3 #453 Hanna, Vivienne	St. Thomas Aquinas	J1.50m
4 #994 Rigby, Annika	Eden High School - St. Cathari	J1.45m
5 #1040 Dejager, Emily	Guido de Bres C.H.S - HWDSB	J1.45m
6 #1051 Schenkel, Rebecca	Guido de Bres C.H.S - HWDSB	J1.45m
7 #1019 Forrest, Bailey	Grimsby Secondary School	J1.40m
8 #454 Hennig, Sylvia	St. Thomas Aquinas	J1.35m
9 #223 Avanesian, Mary	Christ the King Catholic SS	J1.35m
10 #849 Samuels, Tyia	Cardinal Leger - Brampton	J1.30m
11 #651 Codling, Chantel	St. Edmund Champion	J1.30m
12 #146 Boehmer, Kylee	Bishop Ryan Secondary School	J1.30m
13 #235 Ford, Sarah	Christ the King Catholic SS	J1.20m

Girls Pole Vault Junior

SOSSA: 3.30m 2014-05-22 Makiah Hunt, St. Michael

Name	School	Finals
Finals		
1 #6 Collins, Alexis	E. L. Crossley - Fonthill	J2.40m
2 #46 Berner, Charlotte	Sir Winston Churchill -	J2.30m
3 #13 Jones, Olivia	E. L. Crossley - Fonthill	J2.10m
4 #964 Lowe, Sophia	Dundas Valley S.S. - HWDSB	J2.00m
5 #10 Hildebrandt, Regan	E. L. Crossley - Fonthill	J2.00m

Girls Long Jump Junior

SOSSA: 5.33m 2014-05-22 Brittany Steneke, Highland

Name	School	Finals
Finals		
1 #779 Arulrajan, Hasveena	Turner-Fenton - Brampton	5.20m
2 #4 Brenzil, Izzy	E. L. Crossley - Fonthill	5.03m
3 #945 Coulson, Journey	DSBN Academy - St. Catharines	4.80m
4 #320 McKee, Sara	Holy Trinity	4.74m

**South Region Meet
Welland Centennial SS
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Finals ... (Girls Long Jump Junior)

Name	School	Finals
5 #393 Curry, Emma	Nelson High School	4.72m
6 #453 Hanna, Vivienne	St. Thomas Aquinas	4.64m
7 #617 Benner, Cali	St Martin CSS - Mississauga	4.43m
8 #889 Amegor, Meredith	St. Augustine - Brampton	4.34m
9 #1207 Massoom, Victoria	Westlane - Niagara Falls	4.28m
10 #845 Estepa, Raquel	Cardinal Leger - Brampton	4.24m
11 #315 Kalbfleisch, Emily	Holy Trinity	4.22m
11 #266 Babjak, Julia	Dr. Frank J. Hayden Secondary	4.22m
13 #1101 Spooner, Joseah	Lakeshore Catholic Secondary	4.15m
14 #894 Douma, Madison	A.N. Myer - Niagara Falls	3.74m
15 #792 Bowman, Zoey	Bramalea - Brampton	3.14m

Girls Triple Jump Junior

SOSSA: 11.09m 2010-05-20 Mireille Musca, Blessed Trinity

Name	School	Finals
Finals		
1 #779 Arulrajan, Hasveena	Turner-Fenton - Brampton	10.90m
2 #393 Curry, Emma	Nelson High School	10.60m
3 #945 Coulson, Journey	DSBN Academy - St. Catharines	10.30m
4 #46 Berner, Charlotte	Sir Winston Churchill -	10.14m
5 #1187 Giffen, Iris	Waterdown District - HWDSB	9.71m
6 #651 Codling, Chantel	St. Edmund Campion	9.59m
7 #986 Ankersmit, Reese	Eden High School - St. Cathari	9.54m
8 #1134 Kilty, Jordyn	Saint Francis-St. Cath	9.47m
9 #524 Ferris, Sage	Mayfield - Brampton	9.35m
10 #315 Kalbfleisch, Emily	Holy Trinity	9.33m
11 #679 Tomlinson, Jenesis	St. Edmund Campion	9.10m
12 #383 Partila, Olivia	Milton District High School	8.78m
--- #845 Estepa, Raquel	Cardinal Leger - Brampton	DNS
--- #131 Oyedele, Adura	Bishop Reding CSS	DNS
--- #453 Hanna, Vivienne	St. Thomas Aquinas	DNS

Girls Shot Put Junior

SOSSA: 16.18m 2016-05-19 Trinity Tutti, Eastdale

Name	School	Finals
Finals		
1 #4 Brenzil, Izzy	E. L. Crossley - Fonthill	11.00m
2 #227 Clipperton, Jaidyn	Christ the King Catholic SS	9.70m
3 #279 Moupila, Joyce	ES Catholique Mere-Teresa	9.57m
4 #627 Miller, Indira	St Martin CSS - Mississauga	9.42m
5 #1191 Woo, Katie	Waterdown District - HWDSB	9.35m
6 #823 Ateba, Stephanie	Brampton Christian - Caledon	9.05m
7 #758 O'Toole-Ghaney, Katie	St. Paul's - Mississauga	8.95m
8 #930 Clark, Lauren	Centennial - Welland	8.94m
9 #1045 Kuizenga, Courtney	Guido de Bres C.H.S - HWDSB	8.81m
10 #45 Alsahli, Isra	Sir Winston Churchill -	8.56m
11 #831 Ayeni, Kemi	Cardinal Ambrozic - Brampton	8.49m
12 #429 Scott, Amy	St. Ignatius of Loyola	8.26m
13 #140 Andrychuk, Elizabeth	Bishop Ryan Secondary School	7.11m
14 #510 Sheppard, Julia	T. A. Blakelock High School	6.43m

**South Region Meet
Welland Centennial SS
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Finals ... (Girls Shot Put Junior)

Name	School	Finals
--- #853 Randhawa, Guneetjot	Castlebrooke SS - Brampton	DQ

Girls Discus Throw Junior

SOSSA: 45.72m 2015-05-21 Grace Tennent, South Lincoln Smithville

Name	School	Finals
Finals		
1 #227 Clipperton, Jaidyn	Christ the King Catholic SS	25.99m
2 #599 Forde, Payton	Port Credit - Mississauga	25.33m
3 #20 Young, Ava	E. L. Crossley - Fonthill	24.22m
4 #930 Clark, Lauren	Centennial - Welland	24.13m
5 #741 Pusic, Kira	St. Marcellinus - Mississauga	22.65m
6 #888 Zhou, Abigail	John Fraser - Mississauga	22.51m
7 #823 Ateba, Stephanie	Brampton Christian - Caledon	22.45m
8 #887 Liu, Adila	John Fraser - Mississauga	22.36m
9 #1 Ambersle, Kendra	E. L. Crossley - Fonthill	19.43m
10 #1051 Schenkel, Rebecca	Guido de Bres C.H.S - HWDSB	19.01m
11 #1045 Kuizenga, Courtney	Guido de Bres C.H.S - HWDSB	18.73m
12 #140 Andrychuk, Elizabeth	Bishop Ryan Secondary School	18.53m
13 #259 Deider, Finja	Craig Kielburger SS	15.70m
14 #382 Kalbfleisch, Olivia	Milton District High School	14.04m
15 #81 Haroon, Zainab	Abbey Park High School	13.28m

Girls Javelin Throw Junior

SOSSA: 38.84m 2014-05-22 Alexis Brenzil, Centennial - Welland

Name	School	Finals
Finals		
1 #20 Young, Ava	E. L. Crossley - Fonthill	32.24m
2 #823 Ateba, Stephanie	Brampton Christian - Caledon	29.72m
3 #1232 Turcott, Jessie	Westmount S.S. - HWDSB	29.38m
4 #666 Jackson-Smith, Zahnyah	St. Edmund Champion	26.59m
5 #545 Andrews, Chloe	Our Lady of Mount Carmel-Missi	23.98m
6 #820 Symeonides, Amelia	Brampton Centennial - Brampton	23.89m
7 #1134 Kilty, Jordyn	Saint Francis-St. Cath	22.46m
8 #829 Sidhu, Sachi	Brampton Christian - Caledon	22.41m
9 #227 Clipperton, Jaidyn	Christ the King Catholic SS	21.67m
10 #1045 Kuizenga, Courtney	Guido de Bres C.H.S - HWDSB	20.81m
11 #239 Marcolla, Sophia	Christ the King Catholic SS	20.76m
12 #81 Haroon, Zainab	Abbey Park High School	19.15m
13 #140 Andrychuk, Elizabeth	Bishop Ryan Secondary School	17.56m
--- #183 Romero, Faith	Bishop Ryan Secondary School	DQ
--- #947 Aicken, Bella	Dundas Valley S.S. - HWDSB	DNS

Girls 100 Meter Dash Senior

SOSSA: 12.30 2017-05-18 Kendra Leger, Notre Dame

Name	School	Prelims	H#
Preliminaries			
1 #918 Vincic, Kristina	Ancaster High School - HWDSB	12.05 Q	2
2 #776 Fraser, Charlyze	St. Thomas Aquinas - Brampton	12.57 Q	1
3 #674 Omonzane, Peace	St. Edmund Champion	12.42 Q	2
4 #446 Reid, Hailey	St. Mary	12.69 Q	1

**South Region Meet
Welland Centennial SS
Results**

Preliminaries ... (Girls 100 Meter Dash Senior)

Name	School	Prelims	H#
5 #750 Luke, Amber	St. Marguerite d'Youville-	12.73 Q	2
6 #161 Hampson, Laila	Bishop Ryan Secondary School	12.79 Q	1
7 #1178 Manlow, Jaime	St. Michael Catholic Secondary	12.89 q	2
8 #330 Vurro, Chloe	Holy Trinity	12.91 q	2
9 #246 Skyba, Krystina	Christ the King Catholic SS	12.94	1
10 #780 Alexiou, Christina	Applewood Hts - Mississauga	12.96	2
11 #9 Hall, Kennedy	E. L. Crossley - Fonthill	13.02	2
12 #1228 Ogunyemi, Michelle	Westmount S.S. - HWDSB	13.14	1
13 #397 Leverton-Stewart, Juliann	Nelson High School	13.24	1
14 #843 Bator, Magda	Cardinal Leger - Brampton	13.34	1
15 #1089 Wagter, Emily	Heritage Christian-Jordan Stat	13.38	2

Girls 100 Meter Dash Senior

SOSSA: 12.30 2017-05-18 Kendra Leger, Notre Dame

Name	School	Finals
Finals		
1 #918 Vincic, Kristina	Ancaster High School - HWDSB	12.05
2 #674 Omonzane, Peace	St. Edmund Champion	12.19
3 #776 Fraser, Charlize	St. Thomas Aquinas - Brampton	12.38
4 #161 Hampson, Laila	Bishop Ryan Secondary School	12.58
5 #446 Reid, Hailey	St. Mary	12.72
6 #750 Luke, Amber	St. Marguerite d'Youville-	12.88
7 #1178 Manlow, Jaime	St. Michael Catholic Secondary	13.01
8 #330 Vurro, Chloe	Holy Trinity	13.11

Girls 200 Meter Dash Senior

SOSSA: 25.20 2016-05-19 Jenna Smith, Dundas Valley

Name	School	Prelims	H#
Preliminaries			
1 #918 Vincic, Kristina	Ancaster High School - HWDSB	25.31 Q	2
2 #776 Fraser, Charlize	St. Thomas Aquinas - Brampton	25.51 Q	1
3 #446 Reid, Hailey	St. Mary	26.36 Q	1
4 #161 Hampson, Laila	Bishop Ryan Secondary School	26.43 Q	2
5 #246 Skyba, Krystina	Christ the King Catholic SS	26.53 Q	2
6 #1148 Sutherland-Case, Maeve	Sherwood S.S. - HWDSB	26.92 Q	1
7 #839 Thomas, Jahdayah	Cardinal Ambrozic - Brampton	26.80 q	2
8 #1178 Manlow, Jaime	St. Michael Catholic Secondary	27.10 q	1
9 #444 Guay, Samantha	St. Mary	27.33	1
10 #522 Campbell, Jada	Mayfield - Brampton	27.55	2
11 #733 Muraleetharan, Abinaya	St. Marcellinus - Mississauga	27.56	1
12 #1052 Scholtens, Ava	Guido de Bres C.H.S - HWDSB	27.57	1
13 #9 Hall, Kennedy	E. L. Crossley - Fonthill	27.60	2
14 #871 Arnold, Keira	Humberview - Bolton	28.04	1
--- #311 Granic, Sofia	Holy Trinity	DNS	2

Girls 200 Meter Dash Senior

SOSSA: 25.20 2016-05-19 Jenna Smith, Dundas Valley

Name	School	Finals
Finals		
1 #918 Vincic, Kristina	Ancaster High School - HWDSB	24.81

**South Region Meet
Welland Centennial SS
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Finals ... (Girls 200 Meter Dash Senior)

	Name	School	Finals
2	#776 Fraser, Charlize	St. Thomas Aquinas - Brampton	25.09
3	#446 Reid, Hailey	St. Mary	26.06
4	#246 Skyba, Krystina	Christ the King Catholic SS	26.22
5	#161 Hampson, Laila	Bishop Ryan Secondary School	26.25
6	#839 Thomas, Jahdayah	Cardinal Ambrozic - Brampton	26.53
7	#1148 Sutherland-Case, Maeve	Sherwood S.S. - HWDSB	26.89
---	#1178 Manlow, Jaime	St. Michael Catholic Secondary	DNS

Girls 400 Meter Dash Senior

SOSSA: 57.05 2016-05-19 Jenna Smith, Dundas Valley

	Name	School	Finals	H#
Finals				
1	#479 Dodds, Amelia	St. Thomas More C.S.S	57.68	2
2	#794 Fearon, Madison	Bramalea - Brampton	59.47	2
3	#50 Goveia, Isabella	Sir Winston Churchill -	1:00.71	2
4	#311 Granic, Sofia	Holy Trinity	1:01.04	2
5	#1190 Watkins, Katelyn	Waterdown District - HWDSB	1:01.52	2
6	#1193 Erin, Lou	Westdale S.S. - HWDSB	1:04.11	2
7	#871 Arnold, Keira	Humberview - Bolton	1:04.43	2
8	#463 Oppedisano, Ella	St. Thomas Aquinas	1:05.61	1
9	#263 Suta, Stefana	Craig Kielburger SS	1:06.27	1
10	#883 Smith, Janneke	Humberview - Bolton	1:06.45	1
11	#1188 Hood, Hailey	Waterdown District - HWDSB	1:07.23	1
12	#358 Skumatova, Lilia	Kings Christian Collegiate	1:07.45	1
13	#698 Teixeira, Kaitlin	St. Joan of Arc - Mississauga	1:12.00	1
14	#642 Pascoe, Alison	Jean Augustine - Brampton	1:12.79	1
---	#1206 Jackson, Abby	Westlane - Niagara Falls	DNS	2

Girls 800 Meter Run Senior

SOSSA: 2:14.76 2010-05-20 Michelle Molodynia, An Myer

	Name	School	Finals	H#
Finals				
1	#479 Dodds, Amelia	St. Thomas More C.S.S	2:12.83	2
2	#480 Dodds, Olivia	St. Thomas More C.S.S	2:15.17	2
3	#50 Goveia, Isabella	Sir Winston Churchill -	2:16.53	2
4	#1198 Keller, Florina	Westdale S.S. - HWDSB	2:19.90	2
5	#1018 Clark, Lexi	Grimsby Secondary School	2:22.59	2
6	#1180 Boisvert, Jade	Stamford - Niagara Falls	2:23.27	1
7	#885 Gray, Michelle	John Fraser - Mississauga	2:24.48	2
8	#874 Durnford, Leah	Humberview - Bolton	2:27.77	1
9	#402 Stevenson, Katherine	Nelson High School	2:29.78	1
10	#413 Zinn, Alyssa	Notre Dame Burlington	2:29.80	1
11	#642 Pascoe, Alison	Jean Augustine - Brampton	2:36.91	1
12	#571 Watanabe, Suzy	Our Lady of Mount Carmel-Missi	2:38.28	1
---	#289 McBride, Lily	Garth Webb SS	DNF	2
---	#1137 Steiger, Adeline	Saint Francis-St. Cath	DNS	1
---	#794 Fearon, Madison	Bramalea - Brampton	DNS	2

**South Region Meet
Welland Centennial SS
Results**

Girls 1500 Meter Run Senior

SOSSA: 4:41.60 2007-05-24 Jillian Wyman, Westdale

Name	School	Finals
Finals		
1 #885 Gray, Michelle	John Fraser - Mississauga	4:50.17
2 #480 Dodds, Olivia	St. Thomas More C.S.S	4:51.67
3 #1198 Keller, Florina	Westdale S.S. - HWDSB	4:52.59
4 #783 Hartnell, Nicole	Applewood Hts - Mississauga	4:54.30
5 #294 Watson, Sarah	Garth Webb SS	5:04.87
6 #874 Durnford, Leah	Humberview - Bolton	5:09.68
7 #289 McBride, Lily	Garth Webb SS	5:15.09
8 #1180 Boisvert, Jade	Stamford - Niagara Falls	5:18.80
9 #1137 Steiger, Adeline	Saint Francis-St. Cath	5:24.95
10 #379 Bennett, Jillian	Milton District High School	5:25.47
11 #1042 Kampen, Taylor	Guido de Bres C.H.S - HWDSB	5:26.19
12 #642 Pascoe, Alison	Jean Augustine - Brampton	5:28.83
13 #772 Angona, Stefania	St. Thomas Aquinas - Brampton	5:31.27
--- #213 Solly, Olivia	Bishop Tonnos	DNS
--- #1013 Nickel, Alexandra	ES Saint-Jean-de-Brebeuf-Well	DNS

Girls 3000 Meter Run Senior

SOSSA: 10:19.95 2014-05-22 Laura Korsmit, Holy Cross

Name	School	Finals
Finals		
1 #783 Hartnell, Nicole	Applewood Hts - Mississauga	10:34.95
2 #755 Rodrigues, Sierra	St. Michael - Bolton	10:47.16
3 #294 Watson, Sarah	Garth Webb SS	10:50.56
4 #289 McBride, Lily	Garth Webb SS	11:01.96
5 #325 Pearce, Mackenzie	Holy Trinity	11:14.55
6 #983 Zalepa, Hildy	Dundas Valley S.S. - HWDSB	11:34.11
7 #86 Sparling, Felicity	Abbey Park High School	11:40.97
8 #448 Boyle, Veronica	St. Thomas Aquinas	11:42.10
9 #772 Angona, Stefania	St. Thomas Aquinas - Brampton	11:49.09
10 #1247 Rotsaert-Smith, Quincy	Grimsby Secondary School	11:52.58
11 #1231 Till, Mia	Westmount S.S. - HWDSB	12:24.11
12 #57 Vermue, Brianna	Sir Winston Churchill -	12:51.06
13 #525 Fleming, Emma	Mayfield - Brampton	13:03.50
14 #1172 Woodland, Hannah	Smithville Christ HS -Smithvil	13:29.84
--- #562 Nascimento-Kelly, Alann	Our Lady of Mount Carmel-Missi	DNS

Girls 100 Meter Hurdles Senior

SOSSA: 13.87 2016-05-19 Brittany Stenekes, Dundas Valley

Name	School	Prelims	H#
Preliminaries			
1 #446 Reid, Hailey	St. Mary	14.53 Q	1
2 #1176 Elliott, Kalista	St. Michael Catholic Secondary	14.84 Q	2
3 #877 Jelaca, Katie	Humberview - Bolton	15.37 Q	1
4 #848 Rodney-Calliste, Gabby	Cardinal Leger - Brampton	16.20 Q	2
5 #944 Smith, Mychena	Denis Morris Catholic High Sch	16.94 Q	1
6 #1228 Ogunyemi, Michelle	Westmount S.S. - HWDSB	17.00 Q	2
7 #1105 Kugler, Grace	Laura Secord - St. Catharines	17.41 q	2

**South Region Meet
Welland Centennial SS
Results**

Preliminaries ... (Girls 100 Meter Hurdles Senior)

Name	School	Prelims	H#
8 #126 Manning, Ashleigh	Bishop Reding CSS	17.43 q	2
9 #472 Berrio, Shantel	St. Thomas More C.S.S	17.72	1
10 #807 Burton, Kristina	Brampton Centennial - Brampton	17.74	2
11 #117 Gillham, Riley	Bishop Reding CSS	17.78	1
12 #399 Mammel, Lily	Nelson High School	18.02	1
13 #677 Peart, Asia	St. Edmund Campion	18.21	1
14 #805 Bholra, Shineilya	Brampton Centennial - Brampton	18.61	2
15 #1095 Brewster, Haley	Lakeshore Catholic Secondary	19.16	2

Girls 100 Meter Hurdles Senior

SOSSA: 13.87 2016-05-19 Brittany Stenekes, Dundas Valley

Name	School	Finals	H#
Finals			
1 #446 Reid, Hailey	St. Mary	14.25	
2 #1176 Elliott, Kalista	St. Michael Catholic Secondary	15.02	
3 #1105 Kugler, Grace	Laura Secord - St. Catharines	15.28	
4 #877 Jelaca, Katie	Humberview - Bolton	15.46	
5 #848 Rodney-Calliste, Gabby	Cardinal Leger - Brampton	15.80	
6 #944 Smith, Mychena	Denis Morris Catholic High Sch	16.99	
7 #1228 Ogunyemi, Michelle	Westmount S.S. - HWDSB	17.27	
8 #126 Manning, Ashleigh	Bishop Reding CSS	17.42	

Girls 400 Meter Hurdles Senior

SOSSA: 1:05.28 2018-05-24 Sienna Lalonde, Grimsby

Name	School	Finals	H#
Finals			
1 #342 Cook, Lara	Kings Christian Collegiate	1:08.80	2
2 #879 Maurice, Aysia	Humberview - Bolton	1:10.42	2
3 #877 Jelaca, Katie	Humberview - Bolton	1:11.99	2
4 #944 Smith, Mychena	Denis Morris Catholic High Sch	1:13.02	2
5 #883 Smith, Janneke	Humberview - Bolton	1:16.09	2
6 #816 Rama, Anisa	Brampton Centennial - Brampton	1:16.72	1
7 #550 Downie, Danyeah	Our Lady of Mount Carmel-Missi	1:17.42	2
8 #1231 Till, Mia	Westmount S.S. - HWDSB	1:17.86	1
9 #325 Pearce, Mackenzie	Holy Trinity	1:18.89	2
10 #92 Hopkins, Veronica	Acton District School	1:19.20	1
11 #387 Bauder, Ema	Nelson High School	1:19.47	1
12 #374 O'Neill, Ryanne	M.M.Robinson	1:22.26	1
13 #971 Norris, Emma	Dundas Valley S.S. - HWDSB	1:24.82	1
14 #11 Holmes, Hannah	E. L. Crossley - Fonthill	1:25.28	1
--- #913 Lazenby, Sydney	Ancaster High School - HWDSB	DNS	2

Girls 4x100 Meter Relay Senior

SOSSA: 49.83 2016-05-19 Dundas Valley, Dundas

Team	Relay	Finals	H#
Finals			
1 St. Marcellinus - Mississauga		51.47	2
	1) #710 Brown-Gregory, Latavi2) #735 Obodoechina, Christin3) #747 Wyrebek, Lyra		4) #713 Deterville, Martina
	5) #733 Muraleetharan, Abinay		

**South Region Meet
Welland Centennial SS
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Finals ... (Girls 4x100 Meter Relay Senior)

Team	Relay	Finals	H#
2 St. Edmund Campion		51.67	2
1) #679 Tomlinson, Jenesis	2) #674 Omonzane, Peace	3) #655 Eghobor, Ehinomen	4) #677 Peart, Asia
5) #666 Jackson-Smith, Zahnya	6) #659 Ezemenari, Chika		
3 Bishop Ryan Secondary School		52.49	2
1) #161 Hampson, Laila	2) #176 Millwood, Kiyara	3) #187 Schmid, Jessica	4) #184 Ruiu, Alessia
5) #141 Angie-Nelson, Amaya	6) #153 Dennis, Cheryl		
4 Bishop Reding CSS		52.54	2
1) #115 Fox-Charles, Jayda	2) #127 Miller, Brynn	3) #126 Manning, Ashleigh	4) #135 Shillingford, Naomi
5) #118 Henry, Shyantae	6) #119 Humphries, Maya		
5 Our Lady of Mount Carmel-Mi		52.65	2
1) #562 Nascimento-Kelly, Ala	2) #569 Smith, Melissa	3) #552 Fleming-Thompson, N	4) #571 Watanabe, Suzy
5) #550 Downie, Danyeah	6) #572 Wingle, Jessica		
6 Westmount S.S. - HWDSB		52.70	1
1) #1220 Hayter, Vivien	2) #1226 Martin, Madeline	3) #1215 Clark, Sydney	4) #1228 Ogunyemi, Michelle
5) #1219 Gershkovich, Ester			
7 St. Thomas More C.S.S		52.74	2
1) #475 Brzakala, Oliivia	2) #478 Dmitrovich, Olivia	3) #486 Marin-Ajayi, Veah	4) #500 Washington, Imani
5) #479 Dodds, Amelia	6) #485 Mafijasiah, Keera		
8 Kings Christian Collegiate		53.70	2
1) #342 Cook, Lara	2) #346 Ennis, Dominique	3) #359 Skumatova, Lilija	4) #343 Coupland, Julia
5) #356 Sakota, Mia			
9 E. L. Crossley - Fonthill		53.98	1
1) #9 Hall, Kennedy	2) #14 Rice, Sarah	3) #3 Bolibruck, Maiya	4) #15 Shepherd, Jinja
5) #11 Holmes, Hannah	6) #12 Johnstone, Callie		
10 Brampton Centennial - Brampt		54.03	2
1) #805 Bhola, Shineilya	2) #816 Rama, Anisa	3) #807 Burton, Kristina	4) #804 Best, Jasmine
5) #811 Mallitt, Janae			
11 Guido de Bres C.H.S - HWDSI		54.57	1
1) #1041 Helder, Emmalyne	2) #1049 Lof, Marissa	3) #1052 Scholtens, Ava	4) #1038 Buitenhuis, Jamee
5) #1043 Knegt, Meah			
12 Bishop Tonnos		54.69	1
1) #202 Mascitti, Giuliana	2) #217 Williams, Morayo	3) #198 Fazzari, Isabella	4) #194 Aujla, Emily
5) #193 Amorim, Eva			
13 Notre Dame - Brampton		55.58	1
1) #537 Betton, Lekevia	2) #542 Nurse-Whyte, Aniyah	3) #543 Smith, Denagia	4) #541 Headley, Rihanna
5) #539 Goncalves, Mikayla	6) #538 Dembo Tabena, Rosett		
14 Heritage Christian-Jordan Stat		56.25	1
1) #1089 Wagter, Emily	2) #1071 Bultje, Gloria	3) #1085 VanVliet, Julia	4) #1075 Heiberg, Lillian
5) #1092 Ybema, Kate	6) #1086 VanZanten, Annemiek		
--- Smithville Christ HS -Smithvil		DNS	1
1) #1163 May, Mikayla	2) #1155 Breukelman, Alia	3) #1164 McMullin, Kaitlyn	4) #1165 Munnings, Grace
5) #1170 VanStaalduin, Morg	6) #1154 Bennett-Chamberlain,		

Girls High Jump Senior

SOSSA: 1.72m 2010-05-20 Emma Siuciak, EL Crossley

Name	School	Finals
Finals		
1 #598 Birch, Arienne	Port Credit - Mississauga	J1.60m
2 #750 Luke, Amber	St. Marguerite d'Youville-	J1.55m
3 #358 Skumatova, Lilia	Kings Christian Collegiate	J1.55m
4 #1014 Philome, Rose-Arielle	ES Saint-Jean-de-Brebeuf-Well	J1.55m
5 #1154 Bennett-Chamberlain, S:	Smithville Christ HS -Smithvil	J1.50m
6 #987 Davidson, Olivia	Eden High School - St. Cathari	J1.50m

**South Region Meet
Welland Centennial SS
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Finals ... (Girls High Jump Senior)

Name	School	Finals
7 #788 Williamson, Jumeila	Applewood Hts - Mississauga	J1.45m
8 #150 Davidson, Caitlin	Bishop Ryan Secondary School	J1.45m
9 #306 Felczuk, Julia	Holy Trinity	J1.45m
10 #176 Millwood, Kiyara	Bishop Ryan Secondary School	J1.40m
11 #813 Merrick, Leila	Brampton Centennial - Brampton	J1.35m
12 #730 McNairn, She'nice	St. Marcellinus - Mississauga	J1.30m
13 #323 Meyer, Asha	Holy Trinity	J1.30m
--- #1185 Rowland, Sami	Thorold - Thorold	DNS

Girls Pole Vault Senior

SOSSA: 3.30m 2015-05-21 Makiah Hunt, St. Michael

Name	School	Finals
Finals		
1 #532 King, Julia	Mentor College - Mississauga	3.56m
2 #127 Miller, Brynn	Bishop Reding CSS	3.00m
3 #858 Macpherson-Bennett, Kal	Clarkson - Mississauga	2.70m
4 #647 Bezina, Claudia	St. Edmund Campion	2.50m
5 #3 Bolibruck, Maiya	E. L. Crossley - Fonthill	2.30m
--- #959 Galer, Shelby	Dundas Valley S.S. - HWDSB	SCR
--- #967 Merry, Sarah	Dundas Valley S.S. - HWDSB	SCR

Girls Long Jump Senior

SOSSA: 5.62m 2016-05-19 Brittany Stenekes, Dundas Valley

Name	School	Finals
Finals		
1 #674 Omonzane, Peace	St. Edmund Campion	5.83m
2 #770 Van Elderen, Shana	St. Roch - Brampton	5.57m
3 #918 Vincic, Kristina	Ancaster High School - HWDSB	5.50m
4 #750 Luke, Amber	St. Marguerite d'Youville-	5.40m
5 #1176 Elliott, Kalista	St. Michael Catholic Secondary	5.38m
6 #161 Hampson, Laila	Bishop Ryan Secondary School	5.21m
7 #733 Muraleetharan, Abinaya	St. Marcellinus - Mississauga	4.99m
8 #1220 Hayter, Vivien	Westmount S.S. - HWDSB	4.75m
9 #1063 Haan, Isabelle	Hamilton District C.H.S. - HWD	4.65m
10 #504 Caesar, Sienna	T. A. Blakelock High School	4.63m
11 #95 Vandermeer, Madelyn	Acton District School	4.58m
12 #273 Muhn, Avery	Dr. Frank J. Hayden Secondary	4.55m
13 #522 Campbell, Jada	Mayfield - Brampton	4.51m
--- #126 Manning, Ashleigh	Bishop Reding CSS	DNF
--- #1014 Philome, Rose-Arielle	ES Saint-Jean-de-Brebeuf-Well	DNS

Girls Triple Jump Senior

SOSSA: 11.60m 2015-05-21 Sara Kovac, Eden HS

Name	School	Finals
Finals		
1 #770 Van Elderen, Shana	St. Roch - Brampton	12.08m
2 #674 Omonzane, Peace	St. Edmund Campion	12.07m
3 #532 King, Julia	Mentor College - Mississauga	10.76m
4 #126 Manning, Ashleigh	Bishop Reding CSS	10.45m
5 #1176 Elliott, Kalista	St. Michael Catholic Secondary	10.41m

**South Region Meet
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Finals ... (Girls Triple Jump Senior)

Name	School	Finals
6 #1063 Haan, Isabelle	Hamilton District C.H.S. - HWD	10.25m
7 #1163 May, Mikayla	Smithville Christ HS -Smithvil	10.24m
8 #95 Vandermeer, Madelyn	Acton District School	10.07m
9 #273 Muhn, Avery	Dr. Frank J. Hayden Secondary	10.01m
10 #752 Martins-Donus, Layo	St. Marguerite d'Youville-	9.96m
11 #300 Smith, Riah	Georgetown District HS	9.90m
12 #713 Deterville, Martina	St. Marcellinus - Mississauga	9.57m
13 #504 Caesar, Sienna	T. A. Blakelock High School	9.36m
--- #1158 Graham, Laurel	Smithville Christ HS -Smithvil	DNS
--- #1173 Zondag, Daniella	Smithville Christ HS -Smithvil	DNS

Girls Shot Put Senior

SOSSA: 14.39m 2018-05-24 Trinity Tutti, Eastdale

Name	School	Finals
Finals		
1 #974 ROUNG, Serena	Dundas Valley S.S. - HWDSB	9.86m
2 #1126 Sneek, Sheridan	Port Colborne HS	9.74m
3 #891 Ofori, Beverly	St. Augustine - Brampton	9.05m
4 #1178 Manlow, Jaime	St. Michael Catholic Secondary	9.01m
5 #667 King, Olivia	St. Edmund Champion	9.00m
6 #495 Ranalli, Rachel	St. Thomas More C.S.S	8.78m
7 #987 Davidson, Olivia	Eden High School - St. Cathari	8.77m
8 #596 Slojka, Selma	Philip Pocock - Mississauga	8.74m
9 #698 Teixeira, Kaitlin	St. Joan of Arc - Mississauga	8.07m
10 #707 Baluyot-Paguagan, Jessic	St. Marcellinus - Mississauga	8.00m
11 #1097 Carvalho, Madison	Lakeshore Catholic Secondary	7.95m
12 #84 Monte, Augusta	Abbey Park High School	7.61m
13 #254 Monter, Hannah	Corpus Christi CSS	7.22m
--- #100 Galand, Maggie	Assumption	DNS
--- #1236 MacKay, Sinead	T. A. Blakelock High School	DNS

Girls Discus Throw Senior

SOSSA: 51.04m 2017-05-18 Trinity Tutti, Eastdale

Name	School	Finals
Finals		
1 #596 Slojka, Selma	Philip Pocock - Mississauga	34.54m
2 #941 Wright, Alexis	Centennial - Welland	27.67m
3 #974 ROUNG, Serena	Dundas Valley S.S. - HWDSB	27.02m
4 #966 McDonald, Tyler	Dundas Valley S.S. - HWDSB	26.90m
5 #1131 Atkinson, Hailey	Saint Francis-St. Cath	25.74m
6 #2 Belding, Mackenna	E. L. Crossley - Fonthill	25.55m
7 #148 Coffell, Morgan	Bishop Ryan Secondary School	24.60m
8 #662 Gordon, Deja	St. Edmund Champion	23.87m
9 #495 Ranalli, Rachel	St. Thomas More C.S.S	21.44m
10 #236 Hahnfeld, Melissa	Christ the King Catholic SS	21.32m
11 #743 Selwa, Emma	St. Marcellinus - Mississauga	20.82m
12 #707 Baluyot-Paguagan, Jessic	St. Marcellinus - Mississauga	20.12m
13 #171 Landry, Claudia	Bishop Ryan Secondary School	19.16m
--- #852 Dhaliwal, Mandeep	Castlebrooke SS - Brampton	DNS
--- #101 Holland, Isabella	Assumption	DNS

**South Region Meet
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Girls Javelin Throw Senior

SOSSA: 41.25m 2016-05-19 Kambrie Luciani, Centennial - Welland

Name	School	Finals
Finals		
1 #747 Wyrebek, Lyra	St. Marcellinus - Mississauga	33.02m
2 #987 Davidson, Olivia	Eden High School - St. Cathari	32.03m
3 #506 Galchynska, Margarita	T. A. Blakelock High School	29.76m
4 #974 Rounge, Serena	Dundas Valley S.S. - HWDSB	28.02m
5 #822 Ansah, Gyedzi	Brampton Christian - Caledon	26.87m
6 #444 Guay, Samantha	St. Mary	26.78m
7 #1133 Jones, Emma	Saint Francis-St. Cath	26.26m
8 #596 Slojka, Selma	Philip Pocock - Mississauga	24.63m
9 #634 Daniel, Kai	St. Aloysius Gonzaga-Mississau	24.04m
10 #828 Paterson, Amy	Brampton Christian - Caledon	23.36m
11 #269 Laube, Isabelle	Dr. Frank J. Hayden Secondary	23.22m
12 #1039 Deboer, Leanne	Guido de Bres C.H.S - HWDSB	23.09m
--- #896 Fedak, Sylvia	A.N. Myer - Niagara Falls	DQ
--- #1239 Allen, Jorja	Assumption	DNS
--- #511 Stinson, Clarice	T. A. Blakelock High School	DNS
--- #417 Gilbert, Sophie	Oakville Trafalgar High School	SCR

Girls 2000 Meter Steeplechase Open

SOSSA: 7:30.73 2019-05-22 Kate Knafelc, ELCSS-Fonthill

Name	School	Finals
Finals		
1 #1013 Nickel, Alexandra	ES Saint-Jean-de-Brebeuf-Well	7:25.25
2 #755 Rodrigues, Sierra	St. Michael - Bolton	7:35.51
3 #876 Gibb, McKenna	Humberview - Bolton	7:39.44
4 #325 Pearce, Mackenzie	Holy Trinity	7:43.01
5 #1018 Clark, Lexi	Grimsby Secondary School	7:56.76
6 #402 Stevenson, Katherine	Nelson High School	8:19.49
7 #448 Boyle, Veronica	St. Thomas Aquinas	8:20.05
8 #86 Sparling, Felicity	Abbey Park High School	8:25.75
9 #562 Nascimento-Kelly, Alann	Our Lady of Mount Carmel-Missi	8:34.11
10 #571 Watanabe, Suzy	Our Lady of Mount Carmel-Missi	8:35.29
11 #324 Pearce, Kayley	Holy Trinity	8:40.93
12 #572 Wingle, Jessica	Our Lady of Mount Carmel-Missi	8:41.73
13 #1231 Till, Mia	Westmount S.S. - HWDSB	9:05.88
14 #18 Tarasuk, Sasha	E. L. Crossley - Fonthill	9:17.86
--- #983 Zalepa, Hildy	Dundas Valley S.S. - HWDSB	SCR

Girls 4x400 Meter Relay Open

SOSSA: 4:08.72 2010-05-20 Westdale, Hamilton

Team	Relay	Finals	H#
Finals			
1 Westdale S.S. - HWDSB		4:12.95	2
1) #1199 Lou, Erin	2) #1198 Keller, Florina	3) #1192 Castillo, Karen	4) #1194 Fox, Kate
5) #1200 Fransson, Lia	6) #1202 Mallany, Dalia		
2 Humberview - Bolton		4:15.79	2
1) #879 Maurice, Aysia	2) #884 Tichy, Maryn	3) #871 Arnold, Keira	4) #877 Jelaca, Katie
5) #883 Smith, Janneke	6) #876 Gibb, McKenna		

**South Region Meet
Welland Centennial SS
Results**

Finals ... (Girls 4x400 Meter Relay Open)

Team	Relay	Finals	H#
3 St. Marcellinus - Mississauga		4:17.66	2
1) #706 Atwal, Jasmeet	2) #704 Altomare, Micaela	3) #733 Muraleetharan, Abinay	4) #710 Brown-Gregory, Latavi
5) #713 Deterville, Martina	6) #722 Joseph, Makenzie		
4 Our Lady of Mount Carmel-Mi		4:18.74	2
1) #562 Nascimento-Kelly, Ala	2) #572 Wingle, Jessica	3) #571 Watanabe, Suzy	4) #549 Done, Mara
5) #573 Wrona, Joanna	6) #555 Lee, Eliyana		
5 Sir Winston Churchill -		4:19.47	2
1) #46 Berner, Charlotte	2) #47 Boles, Erica	3) #48 Bolibruck, Reese	4) #50 Goveia, Isabella
5) #53 Quinn, Thea	6) #54 Quinn, Zoe		
6 Nelson High School		4:20.93	2
1) #402 Stevenson, Katherine	2) #393 Curry, Emma	3) #387 Bauder, Ema	4) #388 Bondarenko, Brooke
5) #390 Carnelos, Sofia			
7 Brampton Centennial - Brampt		4:22.62	1
1) #816 Rama, Anisa	2) #805 Bhola, Shineilya	3) #819 Sukhdeo, Tiana	4) #811 Mallitt, Janea
5) #807 Burton, Kristina	6) #804 Best, Jasmine		
8 Kings Christian Collegiate		4:25.53	2
1) #346 Ennis, Dominique	2) #342 Cook, Lara	3) #358 Skumatova, Lilia	4) #356 Sakota, Mia
5) #351 Paul, Maddy			
9 Heritage Christian-Jordan Stat		4:30.78	2
1) #1086 VanZanten, Annemiek	2) #1085 VanVliet, Julia	3) #1076 Hodkingson, Charlott	4) #1072 Burke, Mikaela
5) #1092 Ybema, Kate			
10 St. Edmund Campion		4:35.71	1
1) #659 Ezemenari, Chika	2) #651 Codling, Chantel	3) #666 Jackson-Smith, Zahnya	4) #677 Peart, Asia
5) #674 Omonzane, Peace	6) #668 Knight, Jelissa		
11 Sherwood S.S. - HWDSB		4:37.20	1
1) #1144 Gordon, Erika	2) #1145 Jarrett, Gwenyth	3) #1143 Faulkner, Moira	4) #1148 Sutherland-Case, Mae
5) #1149 Thorsen-Cavers, Zoe			
12 Dundas Valley S.S. - HWDSB		4:42.42	1
1) #972 Nyakundi, Sylvia	2) #965 McCullagh, Sophia	3) #954 Cameron, Chloe	
5) #962 Kosempel, Megan	6) #973 Peaker, Audrey		
13 St. Thomas Aquinas		4:53.22	1
1) #461 Nuguid, Kendra	2) #448 Boyle, Veronica	3) #457 Mahoney, Jillian	4) #463 Oppedisano, Ella
--- Bishop Ryan Secondary School		DQ	1
1) #161 Hampson, Laila	2) #184 Ruiiu, Alessia	3) #187 Schmid, Jessica	4) #176 Millwood, Kiyara
5) #153 Dennis, Cheryl	6) #150 Davidson, Caitlin		
--- Notre Dame Burlington		DNS	1
1) #403 Adams, Trinity	2) #404 Bowan, Ella	3) #410 Geady, Stephanie	4) #411 Parvin, Alex
5) #413 Zinn, Alyssa			

Girls 100 Meter Dash Intellectually Imp

SOSSA: 15.14	2019-05-22	Shannon Swinson, BDSS-Beamsville	
Name	School	Finals	
Finals			
1 #1196 Hudgins, Lillyanne	Westdale S.S. - HWDSB	17.86	
2 #298 Guttman, Angelina	Georgetown District HS	18.77	
3 #371 Magyar, Faith	M.M.Robinson	18.82	
4 #297 Cherwaiko, Kealyn	Georgetown District HS	18.87	
5 #123 Lucia, Angelina	Bishop Reding CSS	19.42	
6 #943 Northeast, Jade	Denis Morris Catholic High Sch	24.18	
7 #299 Padt, Jorja	Georgetown District HS	26.92	

**South Region Meet
Welland Centennial SS
Results**

Girls 800 Meter Run Intellectually Imp

SOSSA: 2:52.76 2019-05-23 Cassie Kemp, SCCIVS-St. Cathe

Name	School	Finals
Finals		
1 #297 Cherwaiko, Kealyn	Georgetown District HS	3:28.68
2 #371 Magyar, Faith	M.M.Robinson	4:24.74
--- #298 Guttman, Angelina	Georgetown District HS	DNS

Girls Shot Put Intellectually Imp

SOSSA: 8.58m 2019-05-22 Deanna Donnelly, PCHS-Port Colbor

Name	School	Finals
Finals		
1 #299 Padt, Jorja	Georgetown District HS	4.81m
2 #123 Lucia, Angelina	Bishop Reding CSS	4.80m
3 #370 Lemon, Emily	M.M.Robinson	4.05m
4 #943 Northeast, Jade	Denis Morris Catholic High Sch	4.04m
5 #298 Guttman, Angelina	Georgetown District HS	3.82m

Boys 100 Meter Dash Novice

SOSSA: 11.32 2016-05-19 Myles Misener-Daley, Westdale

Name	School	Prelims	H#
Preliminaries			
1 #763 Charles, D'Andre	St. Roch - Brampton	11.45 Q	1
2 #748 Ellison, Jelani	St. Marguerite d'Youville-	11.55 Q	2
3 #640 Barnes, Jeshua	Jean Augustine - Brampton	11.68 Q	2
4 #1139 Gbenyo, Ayomide	Saint Paul Catholic High Schoo	11.79 Q	1
5 #35 Nuziato, Lucas	E. L. Crossley - Fonthill	11.70 Q	2
6 #443 Finlay, Jacob	St. Mary	11.91 Q	1
7 #753 Owusu, Clifford	St. Marguerite d'Youville-	11.83 q	2
8 #221 Methot, Noah	Cathedral	11.92 q	2
9 #1068 Wagter, Brad	Hamilton District C.H.S. - HWD	11.98	1
10 #75 Witter, Cory	Sir Winston Churchill -	12.04	2
11 #274 Muhn, Titus	Dr. Frank J. Hayden Secondary	12.05	2
12 #400 McKinnell, Grady	Nelson High School	12.11	2
13 #396 Kerr, Michael	Nelson High School	12.15	1
14 #948 Alsop, Ian	Dundas Valley S.S. - HWDSB	12.17	1
15 #742 Saraiva-Boniambet, Richi	St. Marcellinus - Mississauga	12.22	1

Boys 100 Meter Dash Novice

SOSSA: 11.32 2016-05-19 Myles Misener-Daley, Westdale

Name	School	Finals
Finals		
1 #748 Ellison, Jelani	St. Marguerite d'Youville-	11.39
1 #763 Charles, D'Andre	St. Roch - Brampton	11.39
3 #35 Nuziato, Lucas	E. L. Crossley - Fonthill	11.59
4 #443 Finlay, Jacob	St. Mary	11.68
5 #640 Barnes, Jeshua	Jean Augustine - Brampton	11.71
6 #1139 Gbenyo, Ayomide	Saint Paul Catholic High Schoo	11.78
7 #753 Owusu, Clifford	St. Marguerite d'Youville-	11.80
8 #221 Methot, Noah	Cathedral	11.92

**South Region Meet
Welland Centennial SS
Results**

Boys 200 Meter Dash Novice

SOSSA: 22.99 2016-05-19 Myles Misener-Daley, Westdale

Name	School	Prelims	H#
Preliminaries			
1 #748 Ellison, Jelani	St. Marguerite d'Youville-	23.48 Q	2
2 #640 Barnes, Jeshua	Jean Augustine - Brampton	23.59 Q	1
3 #443 Finlay, Jacob	St. Mary	23.98 Q	1
4 #350 Lantz, Graham	Kings Christian Collegiate	24.63 Q	2
5 #753 Owusu, Clifford	St. Marguerite d'Youville-	24.52 Q	1
6 #35 Nuziato, Lucas	E. L. Crossley - Fonthill	24.82 Q	2
7 #540 Grah, Malcolm	Notre Dame - Brampton	24.67 q	1
8 #221 Methot, Noah	Cathedral	24.93 q	1
9 #445 Lezon, Michael	St. Mary	25.18	2
10 #1103 Al Khateeb, Ali	Laura Secord - St. Catharines	25.21	1
11 #1139 Gbenyo, Ayomide	Saint Paul Catholic High Schoo	25.26	2
12 #124 Luke, Josiah	Bishop Reding CSS	25.27	2
13 #921 Granger, Joshua	Bernie Custis S.S. - HWDSB	25.35	1
--- #948 Alsop, Ian	Dundas Valley S.S. - HWDSB	DNS	2
--- #742 Saraiva-Boniambet, Richi	St. Marcellinus - Mississauga	DNS	1

Boys 200 Meter Dash Novice

SOSSA: 22.99 2016-05-19 Myles Misener-Daley, Westdale

Name	School	Finals	
Finals			
1 #748 Ellison, Jelani	St. Marguerite d'Youville-	23.50	
2 #640 Barnes, Jeshua	Jean Augustine - Brampton	23.97	
3 #350 Lantz, Graham	Kings Christian Collegiate	24.30	
4 #540 Grah, Malcolm	Notre Dame - Brampton	24.31	
5 #753 Owusu, Clifford	St. Marguerite d'Youville-	24.32	
6 #443 Finlay, Jacob	St. Mary	24.54	
7 #35 Nuziato, Lucas	E. L. Crossley - Fonthill	24.95	
8 #221 Methot, Noah	Cathedral	24.98	

Boys 400 Meter Dash Novice

SOSSA: 52.13 2018-05-24 Daniel Reader, Westmount

Name	School	Finals	H#
Finals			
1 #602 McLarnon, Lucas	Port Credit - Mississauga	54.15	2
2 #350 Lantz, Graham	Kings Christian Collegiate	55.49	1
3 #701 Nair, Shayden	St. Joseph - Mississauga	55.62	2
4 #650 Ceballo-Periera, Ashton	St. Edmund Campion	55.80	1
5 #1107 Amoo, Deon	Nora Francis Henderson S.S. -	55.86	2
6 #124 Luke, Josiah	Bishop Reding CSS	56.50	2
7 #744 Siddiqui, Muhammad	St. Marcellinus - Mississauga	57.04	2
8 #301 Taylor, Nicholas	Georgetown District HS	58.11	1
9 #1152 Friesen, Josiah	Sir Allan MacNab S.S. - HWDSB	59.83	2
10 #982 Xu, William	Dundas Valley S.S. - HWDSB	1:00.77	1
11 #699 Brajkovic, Mateo	St. Joseph - Mississauga	1:00.91	1
12 #214 Spadano, Paulo	Bishop Tonnos	1:00.93	1
13 #1138 Tichband, Kester	Saint Francis-St. Cath	1:00.99	1
14 #424 Litrop, Jason	St. Ignatius of Loyola	1:01.56	2

**South Region Meet
Welland Centennial SS
Results**

Finals ... (Boys 400 Meter Dash Novice)

Name	School	Finals	H#
15 #1135 Mason, Lucas	Saint Francis-St. Cath	1:02.81	2

Boys 800 Meter Run Novice

SOSSA: 2:02.40 2018-05-24 Eric Campbell, SWC St. Catharines

Name	School	Finals	H#
Finals			
1 #602 McLarnon, Lucas	Port Credit - Mississauga	2:04.95	2
2 #701 Nair, Shayden	St. Joseph - Mississauga	2:08.52	2
3 #406 Daoust, Noah	Notre Dame Burlington	2:09.24	2
4 #255 Parks, Nathan	Corpus Christi CSS	2:10.46	2
5 #601 McIlwraith, Paul	Port Credit - Mississauga	2:11.35	2
6 #41 Sider, Jackson	E. L. Crossley - Fonthill	2:13.66	2
7 #509 Ocampo, Parker	T. A. Blakelock High School	2:16.41	1
8 #34 Myers, Max	E. L. Crossley - Fonthill	2:16.75	2
9 #590 Kapustynski, Thomas	Philip Pocock - Mississauga	2:16.79	2
10 #606 Daly, Douglas	Robert F. Hall - Caledon East	2:17.70	1
11 #394 Hall, Coen	Nelson High School	2:17.88	1
12 #979 Topp, Kyle	Dundas Valley S.S. - HWDSB	2:19.78	1
13 #170 Kingston, Ben	Bishop Ryan Secondary School	2:25.69	1
14 #1181 Miller, Levi	Stamford - Niagara Falls	2:30.12	1
--- #996 Tomori, Graham	Eden High School - St. Cathari	DNS	1

Boys 1500 Meter Run Novice

SOSSA: 4:16.06 2018-05-24 Eric Campbell, SWC St. Catharines

Name	School	Finals
Finals		
1 #705 Arias, Pablo	St. Marcellinus - Mississauga	4:29.55
2 #412 Schmalz, Michael	Notre Dame Burlington	4:30.20
3 #278 McWhirter, Madden	Elsie MacGill Secondary	4:32.06
4 #64 Masterson, Owen	Sir Winston Churchill -	4:32.84
5 #601 McIlwraith, Paul	Port Credit - Mississauga	4:34.81
6 #255 Parks, Nathan	Corpus Christi CSS	4:36.14
7 #406 Daoust, Noah	Notre Dame Burlington	4:37.29
8 #34 Myers, Max	E. L. Crossley - Fonthill	4:40.80
9 #520 Gill, Luca	Loyola CSS - Mississauga	4:40.92
10 #41 Sider, Jackson	E. L. Crossley - Fonthill	4:41.59
11 #606 Daly, Douglas	Robert F. Hall - Caledon East	4:43.28
12 #791 Ahmadzai, Maseullah	Bramalea - Brampton	4:50.15
13 #996 Tomori, Graham	Eden High School - St. Cathari	4:54.78
14 #1064 Hagen, Isaac	Hamilton District C.H.S. - HWD	4:59.49
15 #170 Kingston, Ben	Bishop Ryan Secondary School	5:04.25

Boys 3000 Meter Run Novice

SOSSA: 9:27.55 2006-05-18 Mohammed Ahmed, St.Catharines C.I.

Name	School	Finals
Finals		
1 #412 Schmalz, Michael	Notre Dame Burlington	9:54.14
2 #705 Arias, Pablo	St. Marcellinus - Mississauga	10:03.67
3 #791 Ahmadzai, Maseullah	Bramalea - Brampton	10:03.75
4 #64 Masterson, Owen	Sir Winston Churchill -	10:07.81

**South Region Meet
Welland Centennial SS
Results**

Finals ... (Boys 3000 Meter Run Novice)

Name	School	Finals
5 #58 Dellalian, Samuel	Sir Winston Churchill -	10:35.32
6 #1230 Thomas, Luke	Westmount S.S. - HWDSB	10:45.39
7 #231 Dinu, Tristan	Christ the King Catholic SS	10:45.95
8 #796 Guerron, Diego	Bramalea - Brampton	10:58.72
9 #1026 McIntosh, Jackson	Grimsby Secondary School	11:00.50
10 #517 Aldred, Kevin	Louise Arbor - Brampton	11:05.67
11 #757 Morgado-Drysdale, Alex	St. Paul's - Mississauga	11:11.53
12 #459 McNeilage, Jack	St. Thomas Aquinas	11:26.15
13 #465 Van Niekierk-Dick, George	St. Thomas Aquinas	11:33.68
14 #134 Rybinski, Darcy	Bishop Reding CSS	11:35.27
15 #1006 Crowe, Oliver	Governor Simcoe St. Catharines	11:51.56

Boys 100 Meter Hurdles Novice

SOSSA: 14.98 2009-05-21 Nicholas Katulic-Ducharme, Centennial Welland

Name	School	Prelims	H#
Preliminaries			
1 #802 Agbetuyi, Michael	Brampton Centennial - Brampton	15.08 Q	2
2 #170 Kingston, Ben	Bishop Ryan Secondary School	15.99 Q	1
3 #88 Baeumler, Jackson	Acton District School	16.27 Q	1
4 #810 Makinde, Michael	Brampton Centennial - Brampton	16.52 Q	2
5 #1003 Adam, Maddix	Governor Simcoe St. Catharines	16.60 Q	1
6 #709 Brown, Emmanuel	St. Marcellinus - Mississauga	17.13 Q	2
7 #1218 Frketich, Nate	Westmount S.S. - HWDSB	16.63 q	1
8 #680 Whyte, Ryan	St. Edmund Champion	17.26 q	2
9 #570 Trujillo, David	Our Lady of Mount Carmel-Mississauga	18.50	2
10 #24 Bradbury, Ryan	E. L. Crossley - Fonthill	18.75	2
11 #188 Schmid, Nolan	Bishop Ryan Secondary School	19.18	2
12 #42 Stegner, Cole	E. L. Crossley - Fonthill	20.11	1
13 #1084 Vanlochem, Quinn	Heritage Christian-Jordan Stat	21.75	1
--- #222 Milano, Joshua	Cathedral	DQ	1
--- #191 Vrataric, Mark	Bishop Ryan Secondary School	DNS	1

Boys 100 Meter Hurdles Novice

SOSSA: 14.98 2009-05-21 Nicholas Katulic-Ducharme, Centennial Welland

Name	School	Finals
Finals		
1 #802 Agbetuyi, Michael	Brampton Centennial - Brampton	15.41
2 #170 Kingston, Ben	Bishop Ryan Secondary School	15.69
3 #88 Baeumler, Jackson	Acton District School	15.88
4 #810 Makinde, Michael	Brampton Centennial - Brampton	16.36
5 #1218 Frketich, Nate	Westmount S.S. - HWDSB	16.47
6 #1003 Adam, Maddix	Governor Simcoe St. Catharines	16.55
7 #680 Whyte, Ryan	St. Edmund Champion	16.85
8 #709 Brown, Emmanuel	St. Marcellinus - Mississauga	16.93

Boys 300 Meter Hurdles Novice

SOSSA: 43.03 2004-05-20 Adam Simpson, Ridgeway Crystal Beach

Name	School	Finals	H#
Finals			
1 #802 Agbetuyi, Michael	Brampton Centennial - Brampton	43.33	2

**South Region Meet
Welland Centennial SS
Results**

Finals ... (Boys 300 Meter Hurdles Novice)

Name	School	Finals	H#
2 #810 Makinde, Michael	Brampton Centennial - Brampton	43.65	2
3 #650 Ceballo-Periera, Ashton	St. Edmund Campion	45.44	2
4 #824 Cabral, Asher	Brampton Christian - Caledon	46.14	2
5 #1003 Adam, Maddix	Governor Simcoe St. Catharines	46.98	2
6 #42 Stegner, Cole	E. L. Crossley - Fonthill	48.84	2
7 #1090 Westerveld, Matt	Heritage Christian-Jordan Stat	49.75	2
8 #507 Gomez, Kyle	T. A. Blakelock High School	49.99	1
9 #337 Atlee, Thomas	Kings Christian Collegiate	51.84	1
10 #938 Ried, Lao	Centennial - Welland	52.47	1
11 #364 Brudnjak, Keegan	M.M.Robinson	53.16	1
12 #172 Ledgerwood, Connor	Bishop Ryan Secondary School	54.22	1
13 #1084 Vanlochem, Quinn	Heritage Christian-Jordan Stat	55.77	1
--- #725 Lebar, Christian	St. Marcellinus - Mississauga	DNS	2
--- #188 Schmid, Nolan	Bishop Ryan Secondary School	DNS	1

Boys 4x100 Meter Relay Novice

SOSSA: 47.42 2010-05-20 Sir Winston Churchill, SWC - St.Catharines

Team	Relay	Finals	H#
Finals			
1 St. Marguerite d'Youville-		46.85	2
1) #748 Ellison, Jelani	2) #753 Owusu, Clifford		
	3) #1233 Ameyaw, Franklin	4) #1234 Smith, Marquise	
2 E. L. Crossley - Fonthill		47.87	2
1) #35 Nuziato, Lucas	2) #26 Darling, Keon		
5) #24 Bradbury, Ryan	6) #39 Seehagel, Albino	3) #36 Paquin, Noah	4) #41 Sider, Jackson
3 Dr. Frank J. Hayden Secondary		48.11	1
1) #274 Muhn, Titus	2) #270 Maggio, Jase		
5) #271 Morrow, Mitchell	6) #267 Boppre, Ethan	3) #272 Morton, Ryan	4) #275 Van, Tuan-Tin
4 St. Edmund Campion		48.22	2
1) #650 Ceballo-Periera, Ashto	2) #680 Whyte, Ryan		
5) #671 Muhammad, Nazier	6) #670 Mendoza, Zachary	3) #657 Enow, Titans	4) #656 Eguavoeno, Isaac
5 Brampton Centennial - Brampt		48.40	2
1) #802 Agbetuyi, Michael	2) #810 Makinde, Michael		
5) #809 Mahardi, Lucas	3) #808 Madden, Jamaal	4) #801 Adesida, Michael	
6 Sir Winston Churchill -		49.44	2
1) #66 Naziry, Peroz	2) #67 Nixon, Lucas		
	3) #68 Ojo, Adetunji	4) #75 Witter, Cory	
7 Our Lady of Mount Carmel-Mi		49.60	2
1) #570 Trujillo, David	2) #565 Panza, Andrew		
5) #547 Bakalar, Nadan	6) #551 Faria, Antonio	3) #560 Marcus, Kyle	4) #553 Hill, Aydan
7 Bishop Tonnos		49.60	1
1) #195 Cabral, Kendall	2) #215 Tassone, Adrian		
	3) #200 Kernohan, Wyatt	4) #214 Spadano, Paulo	
9 Kings Christian Collegiate		49.70	1
1) #339 Bakshi, Dev	2) #350 Lantz, Graham		
5) #344 Davey, Logan	3) #338 Babatope, Motade	4) #347 Gleeson, Lachlann	
10 Hamilton District C.H.S. - HW		50.09	2
1) #1066 Morris, Elijah	2) #1067 Schuit, Judah		
	3) #1068 Wagter, Brad	4) #1064 Hagen, Isaac	
11 Craig Kielburger SS		51.50	1
1) #258 Belford, Carter	2) #260 Joseph, Mekhi		
	3) #261 Perera, Kyan	4) #262 Scheel, Quintyn	
12 St. Thomas More C.S.S		52.24	1
1) #468 Barnes, Darian	2) #474 Brown, Kaion		
5) #502 Werre, Ethan	3) #476 Capretta, Daniel	4) #471 Berrio, Sean	

**South Region Meet
Welland Centennial SS
Results**

Finals ... (Boys 4x100 Meter Relay Novice)

Team	Relay	Finals	H#
13 Grimsby Secondary School		52.43	1
1) #1025 Lavender, Isaak	2) #1021 Hobbs, Andrew	3) #1027 McIntyre, Thaddeus	4) #1030 Schaefer, Tyler
5) #1022 Jackson, Aaron			
14 Heritage Christian-Jordan Stat		54.16	1
1) #1084 Vanlochem, Quinn	2) #1091 Ybema, Cam	3) #1079 Post, Landon	4) #1069 Bosma, Lucas
5) #1090 Westerveld, Matt			
--- St. Marcellinus - Mississauga		DQ	2
1) #709 Brown, Emmanuel	2) #718 Gordon, Jezaiah	3) #725 Lebar, Christian	4) #742 Saraiva-Boniambet, Ri
5) #744 Siddiqui, Muhammad			

Boys High Jump Novice

SOSSA: 1.95m 2007-05-24 Jeff Webb, Eden HS

Name	School	Finals
Finals		
1 #44 Zucco, Ryan	E. L. Crossley - Fonthill	J1.70m
2 #1050 Ludwig, Zack	Guido de Bres C.H.S - HWDSB	J1.68m
3 #1171 Wiersma, Cole	Smithville Christ HS -Smithvil	J1.65m
4 #921 Granger, Joshua	Bernie Custis S.S. - HWDSB	J1.60m
5 #1016 Stark, Ronan	ES Saint-Jean-de-Brebeuf-Well	J1.60m
6 #740 Perera-Perez, Nathan	St. Marcellinus - Mississauga	J1.60m
7 #460 Murphy, Devante	St. Thomas Aquinas	J1.60m
8 #322 Mendoza, Emiliano	Holy Trinity	J1.55m
8 #240 McGill, Rowyn	Christ the King Catholic SS	J1.55m
8 #709 Brown, Emmanuel	St. Marcellinus - Mississauga	J1.55m
9 #671 Muhammad, Nazier	St. Edmund Campion	J1.55m
10 #310 Gallardo, Dennis	Holy Trinity	J1.45m
11 #590 Kapustynski, Thomas	Philip Pocock - Mississauga	J1.45m
12 #727 Malik, Hasan	St. Marcellinus - Mississauga	J1.45m
--- #167 Johnson, Crispin	Bishop Ryan Secondary School	DQ

Boys Pole Vault Novice

SOSSA: 3.65m 2012-05-24 Joel Mueller, Ridgeway Crystal Beach

Name	School	Finals
Finals		
1 #31 Knafelc, Henry	E. L. Crossley - Fonthill	2.70m
2 #953 Brittain, Thomas	Dundas Valley S.S. - HWDSB	2.20m
3 #882 Otten, Nicholas	Humberview - Bolton	2.10m
4 #38 Pasma, Max	E. L. Crossley - Fonthill	2.00m
5 #1008 Lawrence, Baxter	Governor Simcoe St. Catharines	1.70m

Boys Long Jump Novice

SOSSA: 6.10m 2007-05-24 Jean-Paul Lauzon, St. Paul HS

Name	School	Finals
Finals		
1 #948 Alsop, Ian	Dundas Valley S.S. - HWDSB	6.18m
2 #640 Barnes, Jeshua	Jean Augustine - Brampton	5.81m
3 #611 Palmieri, Leo	Robert F. Hall - Caledon East	5.75m
4 #350 Lantz, Graham	Kings Christian Collegiate	5.71m
5 #892 West, Kalan	St. Augustine - Brampton	5.64m
6 #124 Luke, Josiah	Bishop Reding CSS	5.62m
7 #622 Guanlao, Keith	St Martin CSS - Mississauga	5.56m

**South Region Meet
Welland Centennial SS
Results**

Finals ... (Boys Long Jump Novice)

	Name	School	Finals
8	#801 Adesida, Michael	Brampton Centennial - Brampton	5.24m
9	#1016 Stark, Ronan	ES Saint-Jean-de-Brebeuf-Well	5.09m
10	#919 Henry, JoJo	Beamsville - Beamsville	5.08m
11	#1091 Ybema, Cam	Heritage Christian-Jordan Stat	4.94m
12	#260 Joseph, Mekhi	Craig Kielburger SS	4.70m
13	#1030 Schaefer, Tyler	Grimsby Secondary School	4.54m
14	#274 Muhn, Titus	Dr. Frank J. Hayden Secondary	4.01m
---	#400 McKinnell, Grady	Nelson High School	DQ

Boys Triple Jump Novice

SOSSA: 12.27m 2010-05-20 Nathan Merritt, Ridgeway Crystal Beach

	Name	School	Finals
Finals			
1	#892 West, Kalan	St. Augustine - Brampton	12.18m
2	#1068 Wagter, Brad	Hamilton District C.H.S. - HWD	11.59m
3	#671 Muhammad, Nazier	St. Edmund Champion	11.57m
4	#695 Reyes, Matthew	St. Joan of Arc - Mississauga	11.44m
5	#274 Muhn, Titus	Dr. Frank J. Hayden Secondary	11.42m
6	#1171 Wiersma, Cole	Smithville Christ HS -Smithvil	10.99m
7	#310 Gallardo, Dennis	Holy Trinity	10.98m
8	#824 Cabral, Asher	Brampton Christian - Caledon	10.93m
9	#1162 May, Connor	Smithville Christ HS -Smithvil	10.54m
10	#460 Murphy, Devante	St. Thomas Aquinas	10.50m
11	#509 Ocampo, Parker	T. A. Blakelock High School	10.48m
12	#308 Franco, Brian	Holy Trinity	10.15m
13	#1003 Adam, Maddix	Governor Simcoe St. Catharines	10.14m
14	#656 Eguavoan, Isaac	St. Edmund Champion	10.10m
15	#940 Venema, Samuel	Centennial - Welland	9.33m

Boys Shot Put Novice

SOSSA: 14.80m 2004-05-20 Josh Moes, Heritage Christian

	Name	School	Finals
Finals			
1	#1123 Lariviere, Santino	Port Colborne HS	12.30m
2	#946 Moritt, Jacob	DSBN Academy - St. Catharines	11.89m
3	#1125 Robins, Owen	Port Colborne HS	11.87m
4	#385 Scott, Stephen	Milton District High School	11.84m
5	#470 Bell, Curtis	St. Thomas More C.S.S	11.80m
6	#1022 Jackson, Aaron	Grimsby Secondary School	10.94m
7	#632 Bucek, Nicolas	St. Aloysius Gonzaga-Mississau	10.73m
8	#519 Ashbourne, Michael	Loyola CSS - Mississauga	10.70m
9	#278 McWhirter, Madden	Elsie MacGill Secondary	10.45m
10	#595 Salerno, Marco	Philip Pocock - Mississauga	10.44m
11	#368 Klages, Liam	M.M.Robinson	10.31m
12	#1053 Schulenberg, Jonas	Guido de Bres C.H.S - HWDSB	10.30m
13	#534 Papaconstantinou, Andre	Mentor College - Mississauga	10.15m
14	#578 Cordi, Alexander	Philip Pocock - Mississauga	9.64m
15	#354 Reid, Andersen	Kings Christian Collegiate	9.55m

**South Region Meet
Welland Centennial SS
Results**

Boys Discus Throw Novice

SOSSA: 58.48m 2017-05-18 Callan Saldutto, Notre Dame

Name	School	Finals
Finals		
1 #638 Okpohworho, Jeremy	St. Aloysius Gonzaga-Mississau	46.02m
2 #1125 Robins, Owen	Port Colborne HS	39.85m
3 #827 Lightfoot, Quinn	Brampton Christian - Caledon	35.41m
4 #1123 Lariviere, Santino	Port Colborne HS	34.89m
5 #25 Brownlee, Jack	E. L. Crossley - Fonthill	33.55m
6 #60 Flook, Dylon	Sir Winston Churchill -	31.24m
7 #821 Ampong, Benjamin	Brampton Christian - Caledon	30.95m
8 #745 Wellington, Achim	St. Marcellinus - Mississauga	29.92m
9 #1099 Morrissey, Micah	Lakeshore Catholic Secondary	29.83m
10 #632 Bucek, Nicolas	St. Aloysius Gonzaga-Mississau	28.06m
11 #154 Eason, Austin	Bishop Ryan Secondary School	26.59m
12 #167 Johnson, Crispin	Bishop Ryan Secondary School	26.04m
13 #385 Scott, Stephen	Milton District High School	23.86m
14 #164 Jacques, Hunter	Bishop Ryan Secondary School	16.95m
--- #368 Klages, Liam	M.M.Robinson	DQ

Boys Javelin Throw Novice

SOSSA: 47.72m 2008-05-22 Alex McGowan, Stamford

Name	School	Finals
Finals		
1 #824 Cabral, Asher	Brampton Christian - Caledon	39.98m
2 #553 Hill, Aydan	Our Lady of Mount Carmel-Missi	39.47m
3 #25 Brownlee, Jack	E. L. Crossley - Fonthill	39.03m
4 #949 Andree, Cameron	Dundas Valley S.S. - HWDSB	38.04m
5 #34 Myers, Max	E. L. Crossley - Fonthill	37.56m
6 #825 Denham, Ryan	Brampton Christian - Caledon	34.16m
7 #590 Kapustynski, Thomas	Philip Pocock - Mississauga	33.90m
8 #975 Schoeman, Travis	Dundas Valley S.S. - HWDSB	33.62m
9 #1008 Lawrence, Baxter	Governor Simcoe St. Catharines	32.32m
10 #560 Marcus, Kyle	Our Lady of Mount Carmel-Missi	31.59m
11 #380 Dunning, Austin	Milton District High School	26.29m
12 #167 Johnson, Crispin	Bishop Ryan Secondary School	24.66m
13 #88 Baeumler, Jackson	Acton District School	23.08m
14 #241 Montoya, Derick	Christ the King Catholic SS	21.35m
--- #188 Schmid, Nolan	Bishop Ryan Secondary School	DNS

Boys 100 Meter Dash Junior

SOSSA: 11.02 2014-05-22 Trent Snyder, Griimsby

Name	School	Prelims	H#
Preliminaries			
1 #242 Ogbemor, Chairu	Christ the King Catholic SS	11.19 Q	1
2 #316 Long, Parker	Holy Trinity	11.34 Q	2
3 #377 Smiarowski, Greyson	M.M.Robinson	11.57 Q	1
4 #1141 Demirci, Darius	Sherwood S.S. - HWDSB	11.69 Q	2
5 #469 Belgrave, Avery	St. Thomas More C.S.S	11.68 Q	1
6 #800 Opoku, Peter	Bramalea - Brampton	11.70 Q	2
7 #185 Sardo, Roman	Bishop Ryan Secondary School	11.79 q	2

**South Region Meet
Welland Centennial SS
Results**

Preliminaries ... (Boys 100 Meter Dash Junior)

Name	School	Prelims	H#
8 #936 Rae, Arik	Centennial - Welland	11.82 q	2
9 #1183 Gibson, Tyrese	Thorold - Thorold	11.90	1
10 #618 Danquah, Aiden	St Martin CSS - Mississauga	11.92	1
10 #1029 Reid, Khamal	Grimsby Secondary School	11.92	2
12 #957 Divincenzo, Alex	Dundas Valley S.S. - HWDSB	12.03	1
12 #610 Neil, Jaeden	Robert F. Hall - Caledon East	12.03	2
14 #840 Young, Brandon	Cardinal Ambrozic - Brampton	12.05	2
15 #832 Cowell, Dylan	Cardinal Ambrozic - Brampton	12.09	1

Boys 100 Meter Dash Junior

SOSSA: 11.02 2014-05-22 Trent Snyder, Griimsby

Name	School	Finals
Finals		
1 #242 Ogbebor, Chairu	Christ the King Catholic SS	11.07
2 #316 Long, Parker	Holy Trinity	11.18
3 #377 Smiarowski, Greyson	M.M.Robinson	11.48
4 #1141 Demirci, Darius	Sherwood S.S. - HWDSB	11.49
5 #185 Sardo, Roman	Bishop Ryan Secondary School	11.52
6 #469 Belgrave, Avery	St. Thomas More C.S.S	11.63
7 #800 Opoku, Peter	Bramalea - Brampton	11.65
8 #936 Rae, Arik	Centennial - Welland	11.89

Boys 200 Meter Dash Junior

SOSSA: 22.95 2019-05-23 Domenic Barresi, McKinnon Par

Name	School	Prelims	H#
Preliminaries			
1 #316 Long, Parker	Holy Trinity	22.91 Q	2
2 #1141 Demirci, Darius	Sherwood S.S. - HWDSB	23.59 Q	1
3 #377 Smiarowski, Greyson	M.M.Robinson	23.75 Q	2
4 #1004 Adams, Tijjani	Governor Simcoe St. Catharines	23.81 Q	1
5 #536 Akinfolarin, Omotolani	Notre Dame - Brampton	24.03 Q	1
6 #469 Belgrave, Avery	St. Thomas More C.S.S	24.20 Q	2
7 #625 Kadri, Aki	St Martin CSS - Mississauga	24.10 q	1
8 #1183 Gibson, Tyrese	Thorold - Thorold	24.29 q	2
9 #211 Schaubal, Jon	Bishop Tonnos	24.42	2
10 #1029 Reid, Khamal	Grimsby Secondary School	24.44	2
11 #185 Sardo, Roman	Bishop Ryan Secondary School	24.45	1
12 #605 Byrne, Sebastian	Robert F. Hall - Caledon East	24.66	2
13 #676 Opoku, Quincy	St. Edmund Champion	24.72	1
14 #906 Walters, Graham	A.N. Myer - Niagara Falls	24.74	1
15 #787 Sushytskyi, Oskar	Applewood Hts - Mississauga	25.32	1

Boys 200 Meter Dash Junior

SOSSA: 22.95 2019-05-23 Domenic Barresi, McKinnon Par

Name	School	Finals
Finals		
1 #316 Long, Parker	Holy Trinity	22.58
2 #377 Smiarowski, Greyson	M.M.Robinson	23.37
3 #1141 Demirci, Darius	Sherwood S.S. - HWDSB	23.48
4 #536 Akinfolarin, Omotolani	Notre Dame - Brampton	23.62

**South Region Meet
Welland Centennial SS
Results**

Finals ... (Boys 200 Meter Dash Junior)

Name	School	Finals
5 #625 Kadri, Aki	St Martin CSS - Mississauga	23.86
6 #469 Belgrave, Avery	St. Thomas More C.S.S	23.99
--- #1183 Gibson, Tyrese	Thorold - Thorold	DNS
--- #1004 Adams, Tijjani	Governor Simcoe St. Catharines	DNS

Boys 400 Meter Dash Junior

SOSSA: 51.73 2016-05-19 Alec Purnell, Dundas Valley

Name	School	Finals	H#
Finals			
1 #91 Dempster, Cole	Acton District School	53.98	2
2 #581 Dyer, Stephan	Philip Pocock - Mississauga	54.61	2
3 #1115 Lee, Aaron	Notre Dame Welland	54.68	2
4 #205 Peters, Jake	Bishop Tonnos	54.78	1
5 #1168 Talsma, Jeremy	Smithville Christ HS -Smithvil	54.96	2
6 #1127 Tonnies, Samuel	Port Colborne HS	55.06	2
7 #536 Akinfolarin, Omotolani	Notre Dame - Brampton	55.18	2
8 #505 Dampier, Adam	T. A. Blakelock High School	55.80	1
9 #906 Walters, Graham	A.N. Myer - Niagara Falls	56.56	2
10 #389 Bulger, Callum	Nelson High School	56.75	1
11 #580 Cox, Nathan	Philip Pocock - Mississauga	57.73	1
12 #72 Walker, Brayden	Sir Winston Churchill -	57.85	2
13 #863 Thomas, Xavier	ES Sainte-Famille - Mississaug	58.00	1
14 #96 Johnston, Damon	Aldershot School	58.21	1
15 #535 Stinson, Josh	Mentor College - Mississauga	59.06	1

Boys 800 Meter Run Junior

SOSSA: 1:57.60 2019-05-23 Eric Campbell, SWCSS-St. Cather

Name	School	Finals	H#
Finals			
1 #1127 Tonnies, Samuel	Port Colborne HS	2:04.74	2
2 #904 Shaw, Kaden	A.N. Myer - Niagara Falls	2:05.47	2
3 #873 Bennett, Cameron	Humberview - Bolton	2:06.02	2
4 #30 Kleinsmith, Matt	E. L. Crossley - Fonthill	2:06.18	2
5 #881 Nobrega, Thomas	Humberview - Bolton	2:06.24	2
6 #880 McAuslan, Spencer	Humberview - Bolton	2:07.35	2
7 #1115 Lee, Aaron	Notre Dame Welland	2:08.87	2
8 #963 Ledger, Cohen	Dundas Valley S.S. - HWDSB	2:09.91	2
9 #530 Hogan, Mark	Mentor College - Mississauga	2:11.27	1
10 #505 Dampier, Adam	T. A. Blakelock High School	2:11.30	1
11 #643 Pascoe, Joshua	Jean Augustine - Brampton	2:13.56	1
12 #114 Fletcher, Cy	Bishop Reding CSS	2:17.14	1
13 #389 Bulger, Callum	Nelson High School	2:18.19	1
14 #384 Roy, Hunter	Milton District High School	2:18.28	1
15 #147 Cino, Sammy	Bishop Ryan Secondary School	2:28.06	1

Boys 1500 Meter Run Junior

SOSSA: 4:06.21 2007-05-24 Mohammed Ahmed, St.Catharines C.I.

Name	School	Finals
Finals		
1 #997 Tonnos, Matteo	Eden High School - St. Cathari	4:15.18

**South Region Meet
Welland Centennial SS
Results**

Finals ... (Boys 1500 Meter Run Junior)

Name	School	Finals
2 #74 Wilson, Rian	Sir Winston Churchill -	4:16.73
3 #1005 Breckles, Fenway	Governor Simcoe St. Catharines	4:17.07
4 #873 Bennett, Cameron	Humberview - Bolton	4:18.90
5 #904 Shaw, Kaden	A.N. Myer - Niagara Falls	4:20.87
6 #978 Thomson, Iain	Dundas Valley S.S. - HWDSB	4:25.61
7 #530 Hogan, Mark	Mentor College - Mississauga	4:34.04
8 #881 Nobrega, Thomas	Humberview - Bolton	4:34.88
9 #731 Mendoza Sanchez, Santia	St. Marcellinus - Mississauga	4:45.06
10 #251 Fairfield, Justin	Corpus Christi CSS	4:52.79
11 #97 Larche, Tristan	Aldershot School	4:53.12
12 #785 Lising, Jack	Applewood Hts - Mississauga	4:53.31
13 #293 Studholme, Ethan	Garth Webb SS	4:55.24
14 #516 Nathwani, Om	White Oaks	4:56.75
--- #384 Roy, Hunter	Milton District High School	DNS

Boys 3000 Meter Run Junior

SOSSA: 9:08.95 2007-05-24 Mohammed Ahmed, St.Catharines C.I.

Name	School	Finals
Finals		
1 #997 Tonnos, Matteo	Eden High School - St. Cathari	8:50.92
2 #74 Wilson, Rian	Sir Winston Churchill -	9:10.65
3 #1005 Breckles, Fenway	Governor Simcoe St. Catharines	9:11.85
4 #978 Thomson, Iain	Dundas Valley S.S. - HWDSB	9:21.20
5 #731 Mendoza Sanchez, Santia	St. Marcellinus - Mississauga	10:00.85
6 #653 De Grano-Lacroix, Jean	St. Edmund Champion	10:17.23
7 #516 Nathwani, Om	White Oaks	10:19.96
8 #76 Bayne, Elijah	Niagara Christian Collegiate	10:22.89
9 #97 Larche, Tristan	Aldershot School	10:30.71
10 #365 Cooke-Bithrey, Landyn	M.M.Robinson	10:42.89
11 #544 Ahmed, Aasim	Our Lady of Mount Carmel-Missi	10:49.06
12 #318 Massel, Cameron	Holy Trinity	10:59.58
13 #594 Rodriguez, Lucas	Philip Pocock - Mississauga	11:08.74
14 #641 Kelly, Logan	Jean Augustine - Brampton	11:21.32
--- #293 Studholme, Ethan	Garth Webb SS	DNS

Boys 100 Meter Hurdles Junior

SOSSA: 14.38 2007-05-24 Townsend Benard, Laura Secord

Name	School	Prelims	H#
Preliminaries			
1 #1004 Adams, Tijjani	Governor Simcoe St. Catharines	15.02 Q	2
2 #177 Mitchell, B'Jorn	Bishop Ryan Secondary School	16.01 Q	1
3 #818 Siddiqui, Khaleel	Brampton Centennial - Brampton	15.54 Q	2
4 #716 Egube, Ochuko	St. Marcellinus - Mississauga	16.45 Q	1
5 #803 Anestin, Nathaniel	Brampton Centennial - Brampton	15.82 Q	2
6 #427 Sanchez, Matteo	St. Ignatius of Loyola	16.51 Q	1
7 #1000 Coopman, Jake	Greater Fort Erie SS	16.68 q	1
8 #1001 Gmoser, Noah	Greater Fort Erie SS	16.73 q	2
9 #304 Dibu-Caiole, Daniel	Holy Trinity	17.59	2
10 #960 Hassel, Zane	Dundas Valley S.S. - HWDSB	18.00	2
11 #282 Beale, Nolan	Garth Webb SS	18.76	2

**South Region Meet
Welland Centennial SS
Results**

Preliminaries ... (Boys 100 Meter Hurdles Junior)

Name	School	Prelims	H#
12 #746 Wolkowich, Aidan	St. Marcellinus - Mississauga	19.72	1
13 #830 Williams, Shemuel	Brampton Christian - Caledon	20.16	1
--- #128 Miller, Liam	Bishop Reding CSS	DQ	1

Boys 100 Meter Hurdles Junior

SOSSA: 14.38 2007-05-24 Townsend Benard, Laura Secord

Name	School	Finals	H#
Finals			
1 #1004 Adams, Tijjani	Governor Simcoe St. Catharines	15.38	
2 #177 Mitchell, B'Jorn	Bishop Ryan Secondary School	15.54	
3 #818 Siddiqui, Khaleel	Brampton Centennial - Brampton	15.57	
4 #803 Anestin, Nathaniel	Brampton Centennial - Brampton	16.30	
5 #427 Sanchez, Matteo	St. Ignatius of Loyola	16.69	
6 #1001 Gmoser, Noah	Greater Fort Erie SS	16.81	
7 #716 Egube, Ochuko	St. Marcellinus - Mississauga	17.13	
8 #1000 Coopman, Jake	Greater Fort Erie SS	17.23	

Boys 300 Meter Hurdles Junior

SOSSA: 41.46 2018-05-24 Noah Dommasch, SWC St. Catharines

Name	School	Finals	H#
Finals			
1 #91 Dempster, Cole	Acton District School	42.40	2
2 #1004 Adams, Tijjani	Governor Simcoe St. Catharines	43.24	2
3 #818 Siddiqui, Khaleel	Brampton Centennial - Brampton	43.35	2
4 #803 Anestin, Nathaniel	Brampton Centennial - Brampton	44.15	2
5 #906 Walters, Graham	A.N. Myer - Niagara Falls	44.20	2
6 #177 Mitchell, B'Jorn	Bishop Ryan Secondary School	45.48	2
7 #1056 Strating, Ashton	Guido de Bres C.H.S - HWDSB	47.18	2
8 #830 Williams, Shemuel	Brampton Christian - Caledon	47.76	2
9 #734 Murray, Jalen	St. Marcellinus - Mississauga	48.28	1
10 #955 Clarke, Brennan	Dundas Valley S.S. - HWDSB	48.48	1
11 #661 Glasgow, Tristan	St. Edmund Campion	48.98	1
12 #106 Akpobi, Emmanuel	Bishop Reding CSS	49.78	1
13 #105 Ade, Victor	Bishop Reding CSS	50.86	1
14 #282 Beale, Nolan	Garth Webb SS	51.42	1

Boys 4x100 Meter Relay JuniorSOSSA: 45.29 2019-05-23 Westmount, Westmount
J Dezoete, A Benkandil, L Diamond, D Reader

Team	Relay	Finals	H#
Finals			
1 Grimsby Secondary School		46.73	2
1) #1028 Radtke-Harris, Luca	2) #1029 Reid, Khamal	3) #1020 Gill, James	4) #1017 Brouwer, Braeden
5) #1024 Kennedy, Kaleb			
2 St. Edmund Campion		46.75	2
1) #661 Glasgow, Tristan	2) #673 Ogunyeye, Tooni	3) #665 Hudec-Siron, Martin	4) #676 Opoku, Quincy
5) #664 Hoggar, Edem	6) #660 Galhardo, Xavier		
3 Bishop Reding CSS		47.00	2
1) #128 Miller, Liam	2) #120 Johnson, Denzel	3) #124 Luke, Josiah	4) #136 Tan, Kalen
5) #107 Al-Yafi, Muhanned	6) #105 Ade, Victor		

**South Region Meet
Welland Centennial SS
Results**

Finals ... (Boys 4x100 Meter Relay Junior)

Team	Relay	Finals	H#
4 Sherwood S.S. - HWDSB		47.01	1
1) #1141 Demirci, Darius	2) #1150 Whyte, Dashawn	3) #1142 Elhag, Nasir	4) #1147 Stephan, Ryan
5) #1146 Smith, Fisher			
5 Bishop Tonnos		47.02	1
1) #211 Schaubal, Jon	2) #205 Peters, Jake	3) #204 Ofori, Eddie	4) #192 Abulebeda, Faisal
6 St. Roch - Brampton		47.07	2
1) #766 Omoghan, Iverson	2) #762 Birch, Jayden	3) #764 Charles, Kosisochukwu	4) #763 Charles, D'Andre
7 St. John Henry Newman		47.72	1
1) #438 Heide, Matthew	2) #440 Tyres, Daniel	3) #435 Burke, Nathan	4) #433 Baldyga, Peter
8 St. Thomas More C.S.S		47.82	2
1) #469 Belgrave, Avery	2) #482 Doyle, Danny	3) #487 Marshall, Dinari	4) #489 McNeice, Noah
5) #501 Washington, Jeremiah	6) #503 Xing, Connor		
9 St. Marcellinus - Mississauga		47.93	2
1) #714 Diab, Nicholas	2) #716 Egube, Ochuko	3) #731 Mendoza Sanchez, San	4) #734 Murray, Jalen
5) #737 Oluwadimu, Adetomiw	6) #732 Moreira, Austin		
10 Dundas Valley S.S. - HWDSB		48.36	1
1) #948 Alsop, Ian	2) #980 Tutt, Sean	3) #981 Vandenheuvel, Martin	4) #957 Divincenzo, Alex
5) #960 Hassel, Zane	6) #977 Sulentic, Kai		
11 Heritage Christian-Jordan Stat		48.47	1
1) #1073 Douma, Jesse	2) #1078 Olij, Adam	3) #1083 Vandenbrink, Seth	4) #1082 Snyder, Nick
5) #1074 Glasbergen, Ethan			
12 Kings Christian Collegiate		49.94	1
1) #361 Vincze, Ryan	2) #349 Kawar, Kamel	3) #345 Di Cicco, Leonardo	4) #341 Chan, Nathan
5) #348 Kaitola, Jonathan			
13 Smithville Christ HS -Smithvil		53.19	1
1) #1156 Breukelman, Silas	2) #1169 Teeuwesen, Corey	3) #1168 Talsma, Jeremy	4) #1161 Koole, Riley
5) #1153 Attia, Joseph	6) #1162 May, Connor		
--- Cardinal Ambrozic - Brampton		DQ	2
1) #840 Young, Brandon	2) #835 Ngouari, Karl	3) #836 Noel, Braedan	4) #832 Cowell, Dylan
5) #833 Eruotor, Austin			
--- Robert F. Hall - Caledon East		DQ	2
1) #609 Melo, Adrian	2) #605 Byrne, Sebastian	3) #603 Anderson, Jervase	4) #610 Neil, Jaeden
5) #611 Palmieri, Leo	6) #607 Glasgow, Adrian		

Boys High Jump Junior

SOSSA: 1.95m 2008-05-22 Jeff Webb, Eden HS

Name	School	Finals
Finals		
1 #1078 Olij, Adam	Heritage Christian-Jordan Stat	J1.76m
2 #846 Irhuegbae, Brayden	Cardinal Leger - Brampton	J1.76m
3 #716 Egube, Ochuko	St. Marcellinus - Mississauga	J1.70m
4 #673 Ogunyeye, Tooni	St. Edmund Champion	J1.65m
5 #990 Klassen, Ty	Eden High School - St. Cathari	J1.65m
6 #933 Ijaodola, Timi	Centennial - Welland	J1.60m
7 #991 Midgley, Luke	Eden High School - St. Cathari	J1.60m
8 #1146 Smith, Fisher	Sherwood S.S. - HWDSB	J1.60m
9 #345 Di Cicco, Leonardo	Kings Christian Collegiate	J1.60m
10 #169 Katende, Viany	Bishop Ryan Secondary School	J1.50m
--- #607 Glasgow, Adrian	Robert F. Hall - Caledon East	DNS

**South Region Meet
Welland Centennial SS
Results**

Boys Pole Vault Junior

SOSSA: 4.00m 2013-05-23 Joel Mueller, Ridgeway Crystal Beach

Name	School	Finals
Finals		
1 #43 Van Niekerk, Ethan	E. L. Crossley - Fonthill	2.80m
2 #128 Miller, Liam	Bishop Reding CSS	1.70m
--- #937 Reyes, Marco	Centennial - Welland	DNS

Boys Long Jump Junior

SOSSA: 6.37m 2007-05-24 Carlin McLean, Orchard Park

Name	School	Finals
Finals		
1 #242 Ogbebor, Chairu	Christ the King Catholic SS	6.46m
2 #673 Ogunyeye, Tooni	St. Edmund Champion	6.10m
3 #832 Cowell, Dylan	Cardinal Ambrozic - Brampton	6.00m
4 #1175 Dwyer, Mikhail	St. Michael Catholic Secondary	5.97m
5 #1183 Gibson, Tyrese	Thorold - Thorold	5.62m
6 #1168 Talsma, Jeremy	Smithville Christ HS -Smithvil	5.50m
7 #1132 Friesen Aguayo, Gary	Saint Francis-St. Cath	5.43m
8 #487 Marshall, Dinari	St. Thomas More C.S.S	5.28m
9 #784 Hughes, John	Applewood Hts - Mississauga	5.01m
10 #307 Foley, Matthew	Holy Trinity	5.00m
11 #505 Dampier, Adam	T. A. Blakelock High School	4.99m
12 #798 Meade, Malik	Bramalea - Brampton	4.90m
--- #91 Dempster, Cole	Acton District School	DNF
--- #676 Opoku, Quincy	St. Edmund Champion	DQ
--- #937 Reyes, Marco	Centennial - Welland	DNS

Boys Triple Jump Junior

SOSSA: 13.00m 2013-05-23 Twanell Bell, Denis Morris

Name	School	Finals
Finals		
1 #533 McCarthy-Barry, Peterson	Mentor College - Mississauga	12.81m
2 #673 Ogunyeye, Tooni	St. Edmund Champion	12.76m
3 #1168 Talsma, Jeremy	Smithville Christ HS -Smithvil	12.60m
4 #737 Oluwadimu, Adetomiwa	St. Marcellinus - Mississauga	12.54m
5 #716 Egube, Ochuko	St. Marcellinus - Mississauga	12.32m
6 #990 Klassen, Ty	Eden High School - St. Cathari	12.23m
7 #665 Hudec-Siron, Martin	St. Edmund Champion	11.87m
8 #1058 Vandaaselar, Ben	Guido de Bres C.H.S - HWDSB	11.73m
9 #1074 Glasbergen, Ethan	Heritage Christian-Jordan Stat	11.43m
10 #1078 Olij, Adam	Heritage Christian-Jordan Stat	11.38m
11 #307 Foley, Matthew	Holy Trinity	11.34m
12 #120 Johnson, Denzel	Bishop Reding CSS	10.87m
13 #319 McCabe, Kieran	Holy Trinity	9.90m
14 #87 Srivasta, Nandan	Abbey Park High School	9.66m
--- #182 Reyes, Sam	Bishop Ryan Secondary School	DNS

**South Region Meet
Welland Centennial SS
Results**

Boys Shot Put Junior

SOSSA: 16.51m 2008-05-22 Stefan Palios, Grimsby

Name	School	Finals
Finals		
1 #1174 Dallman, Thomas	St. Michael Catholic Secondary	14.33m
2 #1235 Miller, Brett	Saltfleet District - HWDSB	13.82m
3 #795 Green, Wilbert	Bramalea - Brampton	12.72m
4 #531 King, Brayden	Mentor College - Mississauga	12.19m
5 #1035 Bartels, Will	Guido de Bres C.H.S - HWDSB	12.01m
6 #604 Barbara, Alessio	Robert F. Hall - Caledon East	11.83m
7 #833 Eruotor, Austin	Cardinal Ambrozic - Brampton	11.19m
8 #936 Rae, Arik	Centennial - Welland	11.05m
9 #576 Bialkov, Aleks	Philip Pocock - Mississauga	10.79m
10 #180 Popal, Aaron	Bishop Ryan Secondary School	10.25m
11 #415 Feltmate, Adam	Oakville Trafalgar High School	10.12m
12 #980 Tutt, Sean	Dundas Valley S.S. - HWDSB	10.08m
13 #442 Canzio, Noah	St. Mary	8.16m
14 #162 Harricharran, Videsh	Bishop Ryan Secondary School	7.78m
15 #175 Lozecki, Hunter	Bishop Ryan Secondary School	7.21m

Boys Discus Throw Junior

SOSSA: 55.23m 2010-05-20 Rob Osborn, Ridgeway Crystal Beach

Name	School	Finals
Finals		
1 #1174 Dallman, Thomas	St. Michael Catholic Secondary	48.06m
2 #531 King, Brayden	Mentor College - Mississauga	40.60m
3 #1130 Steele, Joshua	Robert Land Academy	39.80m
4 #795 Green, Wilbert	Bramalea - Brampton	39.60m
5 #576 Bialkov, Aleks	Philip Pocock - Mississauga	39.20m
6 #1121 Dickie, Logan	Port Colborne HS	38.34m
7 #800 Opoku, Peter	Bramalea - Brampton	36.07m
8 #1128 Donville, Charles	Robert Land Academy	33.95m
9 #714 Diab, Nicholas	St. Marcellinus - Mississauga	32.84m
10 #384 Roy, Hunter	Milton District High School	30.46m
10 #162 Harricharran, Videsh	Bishop Ryan Secondary School	30.46m
12 #1124 Lee, Matthew	Port Colborne HS	29.92m
13 #180 Popal, Aaron	Bishop Ryan Secondary School	23.62m
--- #309 Franco, Nicholas	Holy Trinity	FOUL
--- #128 Miller, Liam	Bishop Reding CSS	DNS

Boys Javelin Throw Junior

SOSSA: 54.90m 2008-05-22 Ray Dykstra, Grimsby

Name	School	Finals
Finals		
1 #1024 Kennedy, Kaleb	Grimsby Secondary School	50.18m
2 #531 King, Brayden	Mentor College - Mississauga	41.31m
3 #22 Bernardi, Brandon	E. L. Crossley - Fonthill	39.61m
4 #1174 Dallman, Thomas	St. Michael Catholic Secondary	37.84m
5 #43 Van Niekerk, Ethan	E. L. Crossley - Fonthill	35.25m
6 #690 Lee, Kenneth	St. Joan of Arc - Mississauga	33.90m
7 #688 Buczakowski, Patrick	St. Joan of Arc - Mississauga	33.50m

**South Region Meet
Welland Centennial SS
Results**

Finals ... (Boys Javelin Throw Junior)

Name	School	Finals
8 #1058 Vandaaselar, Ben	Guido de Bres C.H.S - HWDSB	33.24m
9 #626 King, Christian	St Martin CSS - Mississauga	31.53m
10 #817 Shrestha, Mikki	Brampton Centennial - Brampton	31.15m
11 #503 Xing, Connor	St. Thomas More C.S.S	30.45m
12 #82 Legzdins, Markus	Abbey Park High School	30.41m
13 #415 Feltmate, Adam	Oakville Trafalgar High School	24.94m
14 #114 Fletcher, Cy	Bishop Reding CSS	14.31m
--- #442 Canzio, Noah	St. Mary	DQ

Boys 100 Meter Dash Senior

SOSSA: 10.85 2019-05-22 Myles Misener Daley, Westdale

Name	School	Prelims	H#
Preliminaries			
1 #691 Luke, Isaiah	St. Joan of Arc - Mississauga	10.98 Q	1
2 #515 Moyo, P.K.	White Oaks	11.08 Q	2
3 #777 Fraser, Desmond	St. Thomas Aquinas - Brampton	11.12 Q	2
4 #395 Kerr, James	Nelson High School	11.16 Q	1
5 #1211 Banfield, Jack	Westmount S.S. - HWDSB	11.13 Q	2
6 #621 Eugene, Amari	St Martin CSS - Mississauga	11.24 Q	1
7 #654 Denny, Nathan	St. Edmund Champion	11.25 q	1
8 #914 Nelson, Quintin	Ancaster High School - HWDSB	11.26 q	1
9 #900 McEachern, Braden	A.N. Myer - Niagara Falls	11.28	1
9 #143 Bah, Abduoulaye	Bishop Ryan Secondary School	11.28	1
11 #295 Baldwin, Jacob	Georgetown District HS	11.35	2
12 #984 Cowan, Michael	Eastdale - Welland	11.41	2
13 #1102 Wilsonne, Kharisma	Lakeshore Catholic Secondary	11.42	1
14 #729 McIntosh-Cundari, Jordar	St. Marcellinus - Mississauga	11.50	2
15 #296 Blaides, Zach	Georgetown District HS	11.74	2

Boys 100 Meter Dash Senior

SOSSA: 10.85 2019-05-22 Myles Misener Daley, Westdale

Name	School	Finals
Finals		
1 #777 Fraser, Desmond	St. Thomas Aquinas - Brampton	10.90
2 #515 Moyo, P.K.	White Oaks	10.98
3 #691 Luke, Isaiah	St. Joan of Arc - Mississauga	11.04
4 #1211 Banfield, Jack	Westmount S.S. - HWDSB	11.14
5 #395 Kerr, James	Nelson High School	11.18
6 #654 Denny, Nathan	St. Edmund Champion	11.19
7 #621 Eugene, Amari	St Martin CSS - Mississauga	11.27
8 #914 Nelson, Quintin	Ancaster High School - HWDSB	11.42

Boys 200 Meter Dash Senior

SOSSA: 21.55 2019-05-23 Myles Misener Daley, Westdale

Name	School	Prelims	H#
Preliminaries			
1 #751 Luke, Jayden	St. Marguerite d'Youville-	22.22 Q	2
2 #395 Kerr, James	Nelson High School	22.56 Q	1
3 #1211 Banfield, Jack	Westmount S.S. - HWDSB	22.56 Q	2
4 #515 Moyo, P.K.	White Oaks	22.82 Q	1

**South Region Meet
Welland Centennial SS
Results**

Preliminaries ... (Boys 200 Meter Dash Senior)

Name	School	Prelims	H#
5 #151 Davis, J'Noy	Bishop Ryan Secondary School	22.71 Q	2
6 #1108 Guerrero, Edward	Nora Francis Henderson S.S. -	22.85 Q	1
7 #143 Bah, Abduoulaye	Bishop Ryan Secondary School	22.99 q	2
8 #927 Prato, Zavio	Blessed Trinity-Grimbsy	23.01 q	2
9 #729 McIntosh-Cundari, Jordar	St. Marcellinus - Mississauga	23.21	1
10 #654 Denny, Nathan	St. Edmund Campion	23.38	1
11 #243 Podoski, Lucas	Christ the King Catholic SS	23.45	1
12 #652 Cowell-Miller, Aidan	St. Edmund Campion	23.73	2
13 #900 McEachern, Braden	A.N. Myer - Niagara Falls	23.78	1
--- #984 Cowan, Michael	Eastdale - Welland	DNS	2
--- #777 Fraser, Desmond	St. Thomas Aquinas - Brampton	DNS	1

Boys 200 Meter Dash Senior

SOSSA: 21.55 2019-05-23 Myles Misener Daley, Westdale

Name	School	Finals
Finals		
1 #751 Luke, Jayden	St. Marguerite d'Youville-	22.29
2 #395 Kerr, James	Nelson High School	22.45
3 #1211 Banfield, Jack	Westmount S.S. - HWDSB	22.46
4 #515 Moyo, P.K.	White Oaks	22.53
5 #151 Davis, J'Noy	Bishop Ryan Secondary School	22.55
6 #1108 Guerrero, Edward	Nora Francis Henderson S.S. -	22.57
7 #143 Bah, Abduoulaye	Bishop Ryan Secondary School	22.74
8 #927 Prato, Zavio	Blessed Trinity-Grimbsy	22.89

Boys 400 Meter Dash Senior

SOSSA: 47.16 2018-05-24 Myles Misener-Daley, Westdale

Name	School	Finals	H#
Finals			
1 #395 Kerr, James	Nelson High School	50.12	2
2 #751 Luke, Jayden	St. Marguerite d'Youville-	50.34	2
3 #927 Prato, Zavio	Blessed Trinity-Grimbsy	50.55	2
4 #151 Davis, J'Noy	Bishop Ryan Secondary School	50.95	2
5 #916 Stechey, Joseph	Ancaster High School - HWDSB	51.52	2
6 #405 Callan, Nick	Notre Dame Burlington	51.99	2
7 #652 Cowell-Miller, Aidan	St. Edmund Campion	52.66	1
8 #995 Thorpe, Chad	Eden High School - St. Cathari	52.91	2
9 #902 Penuela, Shayel	A.N. Myer - Niagara Falls	53.36	1
10 #409 Gallichan, Aaron	Notre Dame Burlington	53.39	2
11 #73 Williams, Janal	Sir Winston Churchill -	54.21	1
12 #715 Dri, Zachary	St. Marcellinus - Mississauga	54.72	1
13 #291 Pappas, Tyson	Garth Webb SS	55.17	1
14 #619 Diakiw, Ethan	St Martin CSS - Mississauga	56.92	1
--- #1246 Jackson, Noah	St. Paul's - Mississauga	DNS	1
--- #557 Lindup-Amoroso, Jaden	Our Lady of Mount Carmel-Missi	SCR	

**South Region Meet
Welland Centennial SS
Results**

Boys 800 Meter Run Senior

SOSSA: 1:53.97 2010-05-20 Chris Meidema, Lakeshore CHS

Name	School	Finals	H#
Finals			
1 #452 Ferri, Dylan	St. Thomas Aquinas	1:53.88	2
2 #233 Evangelho, Nick	Christ the King Catholic SS	2:00.48	2
3 #256 Parks, Owen	Corpus Christi CSS	2:00.58	2
4 #29 Kleinsmith, Adam	E. L. Crossley - Fonthill	2:00.85	2
5 #1223 Lackhanpal, Porter	Westmount S.S. - HWDSB	2:04.22	2
6 #861 Fonseca, Sebastien	ES Sainte-Famille - Mississaug	2:04.40	2
7 #1106 Leblanc, Sonny	Laura Secord - St. Catharines	2:04.60	2
8 #291 Pappas, Tyson	Garth Webb SS	2:07.58	1
9 #1120 Norton, Cooper	Orchard Park S.S. - HWDSB	2:07.64	1
10 #577 Clarke, Devon	Philip Pocock - Mississauga	2:08.47	2
11 #333 Agüero, Alex	Iroquois Ridge HS	2:13.75	1
12 #870 Alsoufi, Mukarram	Glenforest - Mississauga	2:15.27	1
13 #854 Cristiano, Mateo	Central Peel - Brampton	2:15.49	1
14 #995 Thorpe, Chad	Eden High School - St. Cathari	2:20.50	1
--- #860 Fonseca, Alexander	ES Sainte-Famille - Mississaug	DNS	1

Boys 1500 Meter Run Senior

SOSSA: 3:55.18 2009-05-21 Jeremy Rae, Lakeshore CHS

Name	School	Finals
Finals		
1 #452 Ferri, Dylan	St. Thomas Aquinas	4:01.04
2 #102 Lehto, Jack	Assumption	4:05.13
3 #386 Taylor, Evan	Milton District High School	4:07.50
4 #256 Parks, Owen	Corpus Christi CSS	4:11.53
5 #232 Doherty, Seamus	Christ the King Catholic SS	4:12.35
6 #59 Di Felice, Marco	Sir Winston Churchill -	4:17.47
7 #29 Kleinsmith, Adam	E. L. Crossley - Fonthill	4:24.08
8 #672 Njehia, Gift	St. Edmund Campion	4:28.04
9 #1223 Lackhanpal, Porter	Westmount S.S. - HWDSB	4:30.42
10 #861 Fonseca, Sebastien	ES Sainte-Famille - Mississaug	4:38.22
11 #527 Fernandes, Simon	Mentor College - Mississauga	4:42.02
12 #923 Beach, Evan	Blessed Trinity-Grimsby	4:43.52
13 #870 Alsoufi, Mukarram	Glenforest - Mississauga	4:45.21
14 #1012 Molnar, Hayden	ES Saint-Jean-de-Brebeuf-Well	4:54.32
15 #860 Fonseca, Alexander	ES Sainte-Famille - Mississaug	4:56.78
--- #1197 Keller, Ben	Westdale S.S. - HWDSB	SCR

Boys 3000 Meter Run Senior

SOSSA: 8:31.82 2009-05-21 Mohammed Ahmed, St.Catharines C.I.

Name	School	Finals
Finals		
1 #102 Lehto, Jack	Assumption	8:41.16
2 #386 Taylor, Evan	Milton District High School	8:41.40
3 #447 Sulentic, Sage	St. Mary	8:57.44
4 #232 Doherty, Seamus	Christ the King Catholic SS	9:07.85
5 #1166 Munnings, Owen	Smithville Christ HS -Smithvil	9:14.91
6 #672 Njehia, Gift	St. Edmund Campion	9:26.09

**South Region Meet
Welland Centennial SS
Results**

Finals ... (Boys 3000 Meter Run Senior)

Name	School	Finals
7 #872 Bauman, Liam	Humberview - Bolton	9:27.66
8 #1197 Keller, Ben	Westdale S.S. - HWDSB	9:28.62
9 #59 Di Felice, Marco	Sir Winston Churchill -	9:29.19
10 #922 Arnold, Reese	Blessed Trinity-Grimbsy	9:39.37
11 #724 Khan Fawwaz, Muhamma	St. Marcellinus - Mississauga	10:16.06
12 #703 Alazar, Nebai	St. Marcellinus - Mississauga	10:20.22
13 #512 Hanson, Sasha	White Oaks	10:22.75
14 #923 Beach, Evan	Blessed Trinity-Grimbsy	10:24.05
15 #702 Shahid, Sadiq	St. Joseph - Mississauga	10:34.32

Boys 110 Meter Hurdles Senior

SOSSA: 14.58 2009-05-21 Townsend Benard, Laura Secord

Name	School	Prelims	H#
Preliminaries			
1 #28 Jeffery, Samuel	E. L. Crossley - Fonthill	15.39 Q	1
2 #264 Williams-Neheli, Jordan	Craig Kielburger SS	15.63 Q	2
3 #636 Gowanlock, Malcolm	St. Aloysius Gonzaga-Mississau	15.82 Q	1
4 #886 Isaac, Uche	John Fraser - Mississauga	15.87 Q	2
5 #90 Brazeau, Jakob	Acton District School	16.04 Q	2
6 #548 Colon, Erick	Our Lady of Mount Carmel-Missi	16.96 Q	1
7 #649 Brown, Jahlani	St. Edmund Champion	16.60 q	2
8 #717 Foster, Nathaniel	St. Marcellinus - Mississauga	16.85 q	2
9 #296 Blaides, Zach	Georgetown District HS	17.17	2
10 #391 Cassar, Christopher	Nelson High School	17.24	1
11 #1221 He, Conrad	Westmount S.S. - HWDSB	18.27	1
12 #1224 Lavoie, Asher	Westmount S.S. - HWDSB	18.66	1
--- #70 Sawano, Daiki	Sir Winston Churchill -	DNS	1
--- #905 Soppitt, Isaac	A.N. Myer - Niagara Falls	DNS	1
--- #144 Bah, Idrissa	Bishop Ryan Secondary School	DNS	2

Boys 110 Meter Hurdles Senior

SOSSA: 14.58 2009-05-21 Townsend Benard, Laura Secord

Name	School	Finals
Finals		
1 #28 Jeffery, Samuel	E. L. Crossley - Fonthill	15.27
2 #636 Gowanlock, Malcolm	St. Aloysius Gonzaga-Mississau	15.34
3 #886 Isaac, Uche	John Fraser - Mississauga	15.51
4 #264 Williams-Neheli, Jordan	Craig Kielburger SS	15.61
5 #649 Brown, Jahlani	St. Edmund Champion	16.02
6 #90 Brazeau, Jakob	Acton District School	16.06
7 #548 Colon, Erick	Our Lady of Mount Carmel-Missi	16.07
8 #717 Foster, Nathaniel	St. Marcellinus - Mississauga	16.14

Boys 400 Meter Hurdles Senior

SOSSA: 56.87 2009-05-21 Connor Fanning, Highland

Name	School	Finals	H#
Finals			
1 #636 Gowanlock, Malcolm	St. Aloysius Gonzaga-Mississau	59.65	2
2 #995 Thorpe, Chad	Eden High School - St. Cathari	1:00.27	2
3 #985 McPhee, Mikhai	Eastdale - Welland	1:01.25	2

**South Region Meet
Welland Centennial SS
Results**

Finals ... (Boys 400 Meter Hurdles Senior)

Name	School	Finals	H#
4 #902 Penuela, Shayel	A.N. Myer - Niagara Falls	1:01.30	2
5 #159 Georges, Kendry	Bishop Ryan Secondary School	1:01.53	2
6 #935 Larman, Cameron	Centennial - Welland	1:02.70	2
7 #436 Chioda, Matthew	St. John Henry Newman	1:03.11	1
8 #138 Villa, Isaac	Bishop Reding CSS	1:03.34	1
9 #931 Falardeau, Kade	Centennial - Welland	1:03.59	2
10 #712 Cruickshank, Robert	St. Marcellinus - Mississauga	1:04.15	1
11 #719 Hamzeh, Adam	St. Marcellinus - Mississauga	1:08.59	1
12 #548 Colon, Erick	Our Lady of Mount Carmel-Missi	1:08.70	2
13 #137 Thompson, Ethan	Bishop Reding CSS	1:09.13	1
14 #815 Pershad, Marcus	Brampton Centennial - Brampton	1:09.32	1
--- #1238 Rolak, Nicholas	St. Thomas More C.S.S	DNS	1
--- #426 Newman, James	St. Ignatius of Loyola	SCR	

Boys 4x100 Meter Relay Senior

SOSSA: 43.82 2016-05-19 A.N.Myer, Niagara Falls

Team	Relay	Finals	H#
Finals			
1 Westmount S.S. - HWDSB		44.10	2
1) #1217 Frketich, Matthew	2) #1214 Clark, Drew	3) #1210 Bailey, Judah	4) #1211 Banfield, Jack
5) #1216 Dezoete, Justin	6) #1224 Lavoie, Asher		
2 St. Edmund Campion		44.18	2
1) #669 McNeil, Declan	2) #652 Cowell-Miller, Aidan	3) #648 Blair, Alec	4) #654 Denny, Nathan
5) #663 Harris, Shamoy	6) #649 Brown, Jahlani		
3 St. Thomas Aquinas - Brampto		44.37	2
1) #777 Fraser, Desmond	2) #774 Barton, Dorrant	3) #775 Chima, James	4) #778 John-Dunslow, Camerc
5) #773 Barton, Dorrandre			
4 St. Marcellinus - Mississauga		44.95	2
1) #716 Egube, Ochuko	2) #715 Dri, Zachary	3) #736 Okenye, Jerry	4) #729 McIntosh-Cundari, Jorc
5) #717 Foster, Nathaniel	6) #737 Oluwadimu, Adetomiw		
5 St Martin CSS - Mississauga		45.35	2
1) #618 Danquah, Aiden	2) #621 Eugene, Amari	3) #623 Hipolito, John	4) #615 Bailey, Mateus
6 A.N. Myer - Niagara Falls		45.49	2
1) #898 Ivanov, Michael	2) #900 McEachern, Braden	3) #901 McEachern, Connor	4) #905 Soppitt, Isaac
5) #906 Walters, Graham			
7 St. Joan of Arc - Mississauga		45.59	2
1) #697 Studzinski, Oscar	2) #696 Sellars, Alec	3) #693 Mazze, Lorenzo	4) #691 Luke, Isaiah
5) #694 Prendergast, Khai	6) #689 Gonsalves, Aidan		
8 Bishop Ryan Secondary School		45.72	1
1) #151 Davis, J'Noy	2) #159 Georges, Kendry	3) #142 Bah, Abdoulaye	4) #168 Kabani, Danil
5) #144 Bah, Idrissa	6) #166 John, Jeremiah		
9 St. Thomas More C.S.S		45.74	2
1) #484 Johnson, Lamar	2) #497 Robertson, Gavin	3) #490 Merla, Lucas	4) #499 Stewart, Jack
5) #481 Downey-Acevedo, Chr	6) #493 Papalambropoulos, An		
10 Guido de Bres C.H.S - HWDSI		46.73	1
1) #1048 Leistra, Joel	2) #1054 Schulenberg, Nate	3) #1037 Bontekoe, Reuben	4) #1060 Vanraalte, Daniel
5) #1061 Vanraalte, Matt	6) #1033 Bartels, Isaac		
11 Christ the King Catholic SS		46.74	1
1) #242 Ogbebor, Chair	2) #247 Stevanovic, Robert	3) #243 Podoski, Lucas	4) #248 Walfall, Joel
5) #233 Evangelho, Nick			

**South Region Meet
Welland Centennial SS
Results**

Finals ... (Boys 4x100 Meter Relay Senior)

Team	Relay	Finals	H#
12 Ancaster High School - HWDS		47.03	1
1) #916 Stechey, Joseph	2) #912 John, Emmanuel	3) #914 Nelson, Quintin	4) #908 Caplice, Nole
5) #915 Shaughnessy, Cameron			
13 Bishop Tonnos		47.11	1
1) #203 Mullings, Darius	2) #201 Levien, Nathan	3) #216 Tassone, Luca	4) #206 Petrie, Ethan
5) #209 Saleh, Ethan			
14 E. L. Crossley - Fonthill		47.78	1
1) #27 Gyugyei, Kayden	2) #28 Jeffery, Samuel	3) #40 Senthil, Aakash	4) #37 Paquin, Tyler
5) #33 Motola, Lucas	6) #35 Nuziato, Lucas		
15 Holy Trinity		49.41	1
1) #316 Long, Parker	2) #312 Hurley, Camden	3) #327 Pin Harry, Ryan	4) #317 Mackenzie, Ben
5) #331 Yeom, John			

Boys High Jump Senior

SOSSA: 2.00m

2017-05-18 Quimm Heimstra, St. Michael

Name	School	Finals
Finals		
1 #898 Ivanov, Michael	A.N. Myer - Niagara Falls	J1.90m
2 #61 Greene, Cameron	Sir Winston Churchill -	J1.85m
3 #230 Dewmyn, Mark	Christ the King Catholic SS	J1.80m
3 #608 Glasgow, Anthony	Robert F. Hall - Caledon East	J1.80m
5 #138 Villa, Isaac	Bishop Reding CSS	J1.80m
6 #751 Luke, Jayden	St. Marguerite d'Youville-	1.75m
6 #1062 Ciona, Alex	Hamilton District C.H.S. - HWD	1.75m
8 #678 Squire, Abu	St. Edmund Champion	1.70m
8 #40 Senthil, Aakash	E. L. Crossley - Fonthill	1.70m
10 #593 Ostapkovicus, Matas	Philip Pocock - Mississauga	1.65m
10 #238 Marcolla, Ben	Christ the King Catholic SS	1.65m
10 #1160 Kok, John	Smithville Christ HS -Smithvil	1.65m
13 #857 Korzinski, Andrei	Clarkson - Mississauga	1.55m
--- #439 Skerl, Mark	St. John Henry Newman	DNF
--- #353 Raitt, William	Kings Christian Collegiate	DNF

Boys Pole Vault Senior

SOSSA: 4.20m

2013-05-23 Jesse Marcil, Ridgeway Crystal Beach

Name	School	Finals
Finals		
1 #898 Ivanov, Michael	A.N. Myer - Niagara Falls	3.20m
2 #28 Jeffery, Samuel	E. L. Crossley - Fonthill	3.05m
3 #859 Pecar, Andre	Clarkson - Mississauga	2.90m
4 #23 Bolhouis, Simon	E. L. Crossley - Fonthill	2.60m
5 #968 Neary, Bryce	Dundas Valley S.S. - HWDSB	2.30m
--- #905 Soppitt, Isaac	A.N. Myer - Niagara Falls	DNF
--- #439 Skerl, Mark	St. John Henry Newman	DNS

Boys Long Jump Senior

SOSSA: 6.92m

2019-05-23 Johnathan Jacob, LCHS-Port Colbou

Name	School	Finals
Finals		
1 #898 Ivanov, Michael	A.N. Myer - Niagara Falls	6.45m
2 #28 Jeffery, Samuel	E. L. Crossley - Fonthill	6.43m

**South Region Meet
Welland Centennial SS
Results**

Finals ... (Boys Long Jump Senior)

	Name	School	Finals
3	#1007 Kowcun, Nathan	Governor Simcoe St. Catharines	6.38m
4	#1151 Burch, Joel	Sir Allan MacNab S.S. - HWDSB	6.15m
5	#40 Senthil, Aakash	E. L. Crossley - Fonthill	6.08m
5	#582 Egbe, Nelson	Philip Pocock - Mississauga	6.08m
5	#683 Janicki, Kasper	St. Francis Xavier-Mississauga	6.08m
8	#736 Okenye, Jerry	St. Marcellinus - Mississauga	5.89m
9	#514 Mba, Gabriel	White Oaks	5.73m
9	#628 Okonkwo, Kobi	St Martin CSS - Mississauga	5.73m
11	#264 Williams-Neheli, Jordan	Craig Kielburger SS	5.71m
12	#434 Baresi, Lucas	St. John Henry Newman	5.32m
13	#678 Squire, Abu	St. Edmund Champion	5.24m
14	#90 Brazeau, Jakob	Acton District School	5.00m
---	#79 Alta, Ethan	Abbey Park High School	DNS

Boys Triple Jump Senior

SOSSA: 13.85m 2014-05-22 Jaquan Selman, Denis Morris

	Name	School	Finals
Finals			
1	#546 Atheba, Jalen	Our Lady of Mount Carmel-Miss	12.57m
2	#790 Mascoe, Lorenzo	Ascension of Our Lord-Miss	12.45m
3	#264 Williams-Neheli, Jordan	Craig Kielburger SS	12.40m
4	#842 Ashien, Chukwuyem	Cardinal Leger - Brampton	12.36m
5	#132 Oyedele, Tobi	Bishop Reding CSS	12.32m
6	#769 Uy, Ralph	St. Roch - Brampton	12.31m
7	#1048 Leistra, Joel	Guido de Bres C.H.S - HWDSB	12.23m
8	#613 Sweeney, Sean	Robert F. Hall - Caledon East	12.21m
9	#77 Okonkwo, Greatman	Niagara Christian Collegiate	11.73m
10	#139 Villa, Kael	Bishop Reding CSS	11.67m
11	#1081 Slingerland, Lucas	Heritage Christian-Jordan Stat	11.65m
12	#90 Brazeau, Jakob	Acton District School	11.54m
13	#910 Finucan, Jonah	Ancaster High School - HWDSB	11.30m
---	#1186 Walker, Isaac	Thorold - Thorold	DNS
---	#94 Tweedy, Tyler	Acton District School	DNS

Boys Shot Put Senior

SOSSA: 19.35m 2005-05-19 Mike Barnes, Saltfleet

	Name	School	Finals
Finals			
1	#1122 Grover, Caleb	Port Colborne HS	14.21m
2	#78 Okpere, Jason	Niagara Christian Collegiate	12.49m
3	#855 Randhawa, Navrose	Central Peel - Brampton	12.30m
4	#862 Solari, Dante	ES Sainte-Famille - Mississaug	12.13m
5	#970 Newitt, Ethan	Dundas Valley S.S. - HWDSB	12.04m
6	#62 Hevessy, Tomas	Sir Winston Churchill -	11.84m
7	#587 Ize-Iyamu, Osarenren	Philip Pocock - Mississauga	11.34m
8	#720 Harris, Kajani	St. Marcellinus - Mississauga	11.27m
9	#496 Rico, Daniel	St. Thomas More C.S.S	11.14m
10	#160 Geric, Joe	Bishop Ryan Secondary School	10.89m
11	#856 Isaacson, Matt	Clarkson - Mississauga	10.56m
12	#280 Storie, Evan	ES Catholique Mere-Teresa	10.50m

**South Region Meet
Welland Centennial SS
Results**

Finals ... (Boys Shot Put Senior)

	Name	School	Finals
13	#473 Bowen, Josiah	St. Thomas More C.S.S	10.14m
14	#498 Stewart, Daneilson	St. Thomas More C.S.S	9.90m
---	#926 Paterson, Rhonin	Blessed Trinity-Grimsby	DNS

Boys Discus Throw Senior

SOSSA: 53.93m 2005-05-19 Mike Barnes, Saltfleet

	Name	School	Finals
Finals			
1	#1122 Grover, Caleb	Port Colborne HS	45.86m
2	#855 Randhawa, Navrose	Central Peel - Brampton	35.76m
3	#1009 McDougall, Tristan	Governor Simcoe St. Catharines	33.28m
4	#78 Okpere, Jason	Niagara Christian Collegiate	32.77m
5	#32 Laroche, Josh	E. L. Crossley - Fonthill	32.14m
5	#585 Grzesiuk, Peter	Philip Pocock - Mississauga	32.14m
7	#369 Lake, Kael	M.M.Robinson	31.04m
8	#929 Wely, Aiden	Blessed Trinity-Grimsby	30.98m
9	#158 Fernandez, Miguel	Bishop Ryan Secondary School	30.61m
10	#99 Fuca, Anthony	Assumption	30.17m
11	#439 Skerl, Mark	St. John Henry Newman	30.05m
12	#529 Hindoian, Paul	Mentor College - Mississauga	28.59m
13	#658 Erhabor, Nigel	St. Edmund Champion	28.04m
14	#586 Gwiadowski, Adam	Philip Pocock - Mississauga	25.69m
---	#165 John, Harrison	Bishop Ryan Secondary School	DNS

Boys Javelin Throw Senior

SOSSA: 68.38m 2010-05-20 Ray Dykstra, Grimsby

	Name	School	Finals
Finals			
1	#1009 McDougall, Tristan	Governor Simcoe St. Catharines	51.66m
2	#1034 Bartels, Tyler	Guido de Bres C.H.S - HWDSB	46.28m
3	#878 Matson, David	Humberview - Bolton	45.58m
4	#378 Somerville, Owen	M.M.Robinson	41.91m
5	#1129 Hansen, Hunter	Robert Land Academy	41.54m
6	#1140 Murray, Matthew	Saint Paul Catholic High School	38.35m
7	#178 Padmore, Josh	Bishop Ryan Secondary School	38.09m
8	#441 Wolday, Maichel	St. John Henry Newman	36.88m
9	#614 Snow, Mavrick	Sandalwood Heights - Brampton	35.00m
10	#697 Studzinski, Oscar	St. Joan of Arc - Mississauga	34.30m
11	#1159 Janssen, Evan	Smithville Christ HS -Smithvil	34.06m
12	#281 Tuck-Melanson, Sebastien	ES Catholique Mere-Teresa	32.48m
13	#1241 Okafor-Justin, Chidera	St. Joan of Arc - Mississauga	27.91m
---	#687 Buczakowski, Daniel	St. Joan of Arc - Mississauga	DQ
---	#165 John, Harrison	Bishop Ryan Secondary School	DNS
---	#585 Grzesiuk, Peter	Philip Pocock - Mississauga	SCR

Boys 2000 Meter Steeplechase Open

SOSSA: 6:15.44 2015-05-21 Cain Hassim, SWC St. Catharines

	Name	School	Finals
Finals			
1	#447 Sulentic, Sage	St. Mary	6:31.22

**South Region Meet
Welland Centennial SS
Results**

Finals ... (Boys 2000 Meter Steeplechase Open)

Name	School	Finals
2 #1166 Munnings, Owen	Smithville Christ HS -Smithvil	6:33.76
3 #1012 Molnar, Hayden	ES Saint-Jean-de-Brebeuf-Well	6:40.42
4 #922 Arnold, Reese	Blessed Trinity-Grimbsy	6:46.76
5 #872 Bauman, Liam	Humberview - Bolton	6:53.07
6 #230 Dewmyn, Mark	Christ the King Catholic SS	7:10.93
7 #83 Montaneri, Massimo	Abbey Park High School	7:20.30
8 #968 Neary, Bryce	Dundas Valley S.S. - HWDSB	7:23.33
9 #703 Alazar, Nebai	St. Marcellinus - Mississauga	7:29.73
10 #179 Pirrera, Gianni	Bishop Ryan Secondary School	7:30.37
11 #724 Khan Fawwaz, Muhammm	St. Marcellinus - Mississauga	7:30.48
12 #561 Miceli, Cristian	Our Lady of Mount Carmel-Missi	7:33.71
13 #633 Cuervo Medina, Brian	St. Aloysius Gonzaga-Mississau	7:36.42
--- #437 DiFrancesco, Alex	St. John Henry Newman	DNS
--- #956 Deighton, Foster	Dundas Valley S.S. - HWDSB	SCR

Boys 4x400 Meter Relay Open

SOSSA: 3:28.83 2005-05-19 Barton, Hamilton

Team	Relay	Finals	H#
Finals			
1 St. Marcellinus - Mississauga		3:35.71	2
1) #729 McIntosh-Cundari, Jor2)	#712 Cruickshank, Robert 3) #715 Dri, Zachary		4) #717 Foster, Nathaniel
5) #734 Murray, Jalen	6) #744 Siddiqui, Muhammad		
2 St. Edmund Champion		3:36.69	2
1) #669 McNeil, Declan	2) #652 Cowell-Miller, Aidan 3) #644 Aboagye-Mensah, Clec4)		#654 Denny, Nathan
5) #648 Blair, Alec	6) #663 Harris, Shamoy		
3 Notre Dame Burlington		3:38.24	2
1) #408 Donen, Ryan	2) #406 Daoust, Noah 3) #412 Schmalz, Michael		4) #409 Gallichan, Aaron
5) #405 Callan, Nick	6) #407 Dimitrov, Piet		
4 E. L. Crossley - Fonthill		3:39.80	2
1) #29 Kleinsmith, Adam	2) #30 Kleinsmith, Matt 3) #28 Jeffery, Samuel		4) #21 Alexander, Keagan
5) #41 Sider, Jackson	6) #34 Myers, Max		
5 Bishop Ryan Secondary School		3:42.12	1
1) #159 Georges, Kendry	2) #151 Davis, J'Noy 3) #179 Pirrera, Gianni		4) #157 Farruggia, Brando
5) #163 Harrington, Nolan	6) #144 Bah, Idrissa		
6 Fletcher's Meadow - Brampton		3:44.22	2
1) #867 Myton, Damion	2) #864 Christie-Orr, Lamoy 3) #868 Urquhart, Kahvon		4) #1242 Gordon, Jaheim
5) #1248 Facey, Leshawn			
7 Smithville Christ HS -Smithvil		3:44.27	2
1) #1156 Breukelman, Silas	2) #1157 Doornbos, Tyler 3) #1167 Ricker, Theo		4) #1168 Talsma, Jeremy
5) #1162 May, Connor	6) #1161 Koole, Riley		
8 Guido de Bres C.H.S - HWDSI		3:47.07	1
1) #1047 Lanting, Albert	2) #1048 Leistra, Joel 3) #1060 Vanraalte, Daniel		4) #1037 Bontekoe, Reuben
5) #1061 Vanraalte, Matt	6) #1054 Schulenberg, Nate		
9 Kings Christian Collegiate		3:48.17	1
1) #360 St james-kush, Oscar	2) #350 Lantz, Graham 3) #361 Vincze, Ryan		4) #345 Di Cicco, Leonardo
5) #362 Zadavec, Nick			
10 Our Lady of Mount Carmel-Mi		3:49.54	2
1) #548 Colon, Erick	2) #567 Reid-Gatto, Sebastien 3) #557 Lindup-Amoroso, Jade4)		#561 Miceli, Cristian
5) #568 Skody, James	6) #544 Ahmed, Aasim		
11 Nelson High School		3:52.38	1
1) #395 Kerr, James	2) #391 Cassar, Christopher 3) #392 Cotton, Charlie		4) #398 Lowe, Bobby
5) #389 Bulger, Callum	6) #394 Hall, Coen		

**South Region Meet
Welland Centennial SS
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Finals ... (Boys 4x400 Meter Relay Open)

Team	Relay	Finals	H#
12 Sir Winston Churchill -		3:52.52	1
1) #63 Lewis, Owen	2) #65 Molloy, Jack	3) #69 Perron, Giuseppe	4) #71 Taubeneck, Matt
5) #72 Walker, Brayden	6) #73 Williams, Janal		
13 Philip Pocock - Mississauga		3:53.15	2
1) #577 Clarke, Devon	2) #579 Costa, Tiago	3) #591 Lalev, Ivan	4) #581 Dyer, Stephan
5) #590 Kapustynski, Thomas	6) #575 Babiy, Matthew		
14 Bishop Reding CSS		3:53.65	1
1) #138 Villa, Isaac	2) #124 Luke, Josiah	3) #120 Johnson, Denzel	4) #132 Oyedele, Tobi
5) #114 Fletcher, Cy	6) #137 Thompson, Ethan		
15 Dundas Valley S.S. - HWDSB		3:53.90	1
1) #963 Ledger, Cohen	2) #977 Sulentic, Kai	3) #1237 Moelker, Brian	4) #958 Ewen, Daniel
5) #978 Thomson, Iain	6) #982 Xu, William		

Boys 100 Meter Dash Ambulatory

SOSSA: 12.43 2010-05-20 Kyle Whitehouse, West Park St.Catharines

Name	School	Finals
1 #89 Baker, Ian	Acton District School	14.45

Boys 100 Meter Dash Intellectually Imp

SOSSA: 12.63 2016-05-19 Owen Konkle, Beamsville DSS

Name	School	Finals	H#
1 #942 Michael, Stephan	Denis Morris Catholic High Sch	13.87	2
2 #1119 Gerdingh, Parker	Orchard Park S.S. - HWDSB	14.32	2
3 #373 Newbury, Brandon	M.M.Robinson	14.48	2
4 #149 Cuce, Marco	Bishop Ryan Secondary School	14.49	2
5 #925 Crivea, Jude	Blessed Trinity-Grimsby	15.28	2
6 #199 Fricano, Nicholas	Bishop Tonnos	15.37	2
7 #1195 Gill, Jacob	Westdale S.S. - HWDSB	15.83	1
8 #129 Mondragon, Pablo	Bishop Reding CSS	16.04	2
9 #1203 Omre, Jagur	Westdale S.S. - HWDSB	16.43	1
10 #375 Schellenberg, Isaac	M.M.Robinson	16.47	1

Boys 800 Meter Run Intellectually Imp

SOSSA: 2:32.96 2018-05-24 Owen Konkle, Beamsville DSS

Name	School	Finals
1 #1119 Gerdingh, Parker	Orchard Park S.S. - HWDSB	2:55.13
2 #375 Schellenberg, Isaac	M.M.Robinson	3:06.01
3 #149 Cuce, Marco	Bishop Ryan Secondary School	3:08.80
4 #199 Fricano, Nicholas	Bishop Tonnos	3:12.41
5 #366 DiNicolantonio, Marcelo	M.M.Robinson	3:21.84

Boys Shot Put Intellectually Imp

SOSSA: 9.95m 2017-05-24 Ryan Kulikowski, Beamsville DSS

Name	School	Finals
1 #373 Newbury, Brandon	M.M.Robinson	10.82m
2 #942 Michael, Stephan	Denis Morris Catholic High Sch	9.42m
3 #375 Schellenberg, Isaac	M.M.Robinson	8.59m
4 #372 Moin, Mohsin	M.M.Robinson	6.22m

**South Region Meet
Welland Centennial SS
Results**

Finals ... (Boys Shot Put Intellectually Imp)

Name	School	Finals
5 #366 DiNicolantonio, Marcelo	M.M.Robinson	6.09m